

ANTI SMOKE

ANTI Fodya

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"Chonde ndiwonetseni zoyipa zosuta?" wina akhoza kufunsa, kuti zomwe ife kupereka zotsatirazi reply: Imodzi mwa machimo asanu ndi awiri oopsa ndi chilakolako cha thupi. (Akolose 3: 5-6). Ichi ndi chilakolako chokhudzidwa, chosakhutitsidwa; chilakolako chosalamulirika; ndi zoipa chilakolako. The thupi lamunthu palibe kusoweka kwa fodya mtundu uliwonse. Fodya si chakudya chomwe chimakhutitsa koma ndi mankhwala owopsa omwe amapangitsa kuti anthu azikhala osakhutira, omwe amatchedwa chikhumbo c hakuthupi . (Akolose 3: 5-6). Achithupithupi chilakolako ndi wowerengedwa mwa zisanu ndi ziwiri machimo wakupha amene amatchedwa: **kunyada, umbombo, kukhumba kwa thupi, kususuka mokwiya, nsanje, ulesi.**

Chakuti pafupifupi aliyense amasuta, si kuchotsa, kapena pepani zoipa izi chizolowezi. Mau a Mulungu amalengeza kuti "Palibe m'modzi wolungama." "Aliyense wachimwa ndipo ali kutali ndi kupezeka kwa Mulungu kopulumutsa." (Aroma 3: 10,23). " Tonsefe tinali ngati nkhosa zotayika, aliyense wa ife akupita njira yake." (Yesaya 53: 6). Chifukwa ena zoipa wakhala konsekonse, ndi palibe chowiringula pa lakeyo mu izo.

Mulungu amatsutsa zinyalala zosafunikira kapena zoyipa. Chifukwa chiyani mukuwononga ndalama pazinthu zomwe sizikhutitsa? Chifukwa amawononga malipiro ako ndipo akadali ndi njala? " Amadzitopetsa ndi ntchito zopanda pake , ndipo zonse zomwe adazipanga zimayaka moto." (Yesaya 55: 2; Habakuku 2:13). Kuwononga ndalama, nthawi, ndi thanzi, kaya ndi pa mowa, kusuta fodya kapena zoipa katunduyo ali ndithu chifuniro cha Mulungu. Mamiliyoni a mapaundi omwe amalemeretsa mafakitale a fodya ndi mtengo wolimba wolipirira utsi ndi phulusa, kuyambitsa mitsempha ndi mitima yosweka, zilonda zapakhosi, kutupa kwa bronchi , ndi kufa ndi khansa ya m'mapapo. Chakuti woyang'anira Hospital ndi London watero oposa 100,000 mu England kuti anafa mu umbuli ku m'mapapo khansa zabwinozo kuti ndudu kusuta mu zaka makumi awiri zapitazo, ndiponso kuti osachepera wina 250,000 adzakhala pang'onopang'ono kufa khumi lotsatira, chifukwa ichi mchitidwe wochimwa , umatsimikizira kuti ndi woipa. Other kanjedza kwambiri ozunguza angapatsidwe f Aroma padziko lonse, ndipo ngakhale Medical Science ali kuyambira kuzindikira mtengo waukuluwo kuti akuvutika fodya ali kulipira. The fodya wosuta, makamaka kwa munthu amene inhales ndi utsi, ndi

pang'onopang'ono, koma ndithu, kuchita kudzipha pa chigawo dongosolo. "Munthu amene wamwalira ali ndi zaka 40 kapena 50 kuchokera matenda a degeneracy, pamene iye akanakhala ndi moyo kwa zaka 70, 80 kapena 100 zaka, ali kudzipha indetu anachita monga ndi munthu amene akutembenukira pa ndege mpweya," lemba Dr. H. Bress.

Kodi fodya amapha bwanji?

Anthu ambiri, omwe akhala akudwala khate kwa zaka zambiri, amwalira ndi khansa, chibayo, matenda amtima kapena matenda ena. Fodya amateronso, izo amapha njira zina sakumana ndi mlandu.

"Fodya ali ndi kanthu chiwawa mu la likulu, kutulutsa alibe ya maselo a ubongo, ndilo mofulumira ndithu pakati pa anyamata. Palibe mnyamata kapena munthu amene amasuta ungagwire ntchito Laboratories wanga." Th. A. Edison. "Amatembenuka kubwerera m'mbuyo kutchalitchi ngati sasiya fodya."

- J. McAuley.

"Mwana wobadwa ndi mayi wosuta ndudu amadwala. Amakhala ndi poyizoni ndipo amatha kufa patatha milungu iwiri kuchokera pomwe adabadwa. Postmortem imawonetsa kufooka kwa chiwindi, mtima, ndi ziwalo zina. Makumi asanu ndi limodzi mwa ana 100 alionse obadwa mwa amayi omwe ali chizolowezi chawo ndudu osuta, kufa pa malo oyambirira zaka, makamaka pamaso iwo ali ndi zaka ziwiri. " - Dr. Ch. L. Barber.

Abambo ndi amayi, monga akupha awo ana omwe, adzakhala ndi kuyankha pamaso pa Mulungu pa Tsiku la Chiweruzo.

Sindingadabwe ngati zomwe timawerenga pa Ezekeili 8: 17,18 zikunena za kuipa kosuta fodya ndi fodya; "Sanakhutire ndi kuchita chabe onse zinthu zonyansa inu taona kuno ndi kufalitsa chiwawa m'dziko lonselo. Ayi, iwo azibwera ndi kuchita izo kuno mu Kachisi yokha ndipangeni kwambiri kukalipa. Taonani momwe iwo kundinyoza ndi amanyansidwa njira kwambiri zotheka! (a kutchula ndi achikunja mwambo moyika nthambi ya mphuno). iwo adzamva onse mphamvu ya mkwiyo wanga. ine sadzamlekerera iwo kapena awachitire chifundo aliyense. iwo kufuula mapemphero kwa ine monga mokweza monga iwo angakhoze, koma ine adzakhala sadzamvera iwo. " A Mulungu Woyera amadana ichi choipa mchitidwe mafashoni, fodya zoipa .

Mpingo ukuyendera anthu kutsutsa aliyense amene amadzinenera kuti kusuta mu matchalitchi, makamaka pa kutchalitchi. Mwina simunaphunzitsidwe kuti chifukwa Khristu adapereka thupi lake kuti apachikidwe ndikuukitsidwa kwa akufa, adasankha matupi athu ndi mitima, kuti ayeretse ku machimo onse kudzera mwa Yesu ndikudzazidwa ndi Mzimu Woyera, kuti akhale kachisi Wake . "Kodi simudziwa kuti thupi lanu liri kachisi wa Mzimu Woyera, amene amakhala mwa inu ? Ndi amene anapatsidwa kwa inu ndi Mulungu Inu mulibe a nokha koma kwa Mulungu; anakuchotsaninso mtengo. Choncho, ntchito matupi anu akhale ulemerero wa Mulungu. " (1 Akorinto 6: 19-20). "Tchimo usapitirize ufumu anu akufa matupi, kumvera zilakolako za lanu

lachibadwa kudzikonda. Komanso muyenera wapereka aliyense gawo la inu nokha kuti tchimo ndi kuti ntchito oipa zolinga. M'malo mwake, kupereka nokha kwa Mulungu, monga anthu amene ali waleredwa ku imfa kupita ku moyo, ndi kupereka zanu zonse wokhalapo kwa Iye kuti ntchito kwa olungama zolinga. " (Aroma 6: 12,13). " Chifukwa chake, ngati wina awononga kachisi wa Mulungu, Mulungu adzawononga iye. Pakuti kachisi wa Mulungu ndi wopatulika, ndipo inu nokha ndinu kachisi wake." (1 Akorinto 3: 16,17).

Chifukwa chiyani timasunga, ndikuwononga zomwe Mulungu wasankha kuti zikhale kachisi wake mwachitsanzo matupi athu ?

Fodya ndi Satana

Khansala wina waku Town, bwenzi langa, adatembenukira kwa Khristu ndikupereka moyo wake kwa Mulungu. Iye anapulumutsidwa mowa koma anakhalabe kapolo fodya. Anayesetsa momwe angathere kusiya kusuta koma sanathe kuthana ndi chikhumbo choipa ichi . Tsopano ndi kachiwiri iye akhoza kutaya ndudu, chitoliro, ndi fodya kutali, koma ulendo wake ku ofesi ya zotsatirazi tsiku, iye akanakhoza osati kupereka woyamba shopu popanda kugula wabwino kotunga kachiwiri. Pozindikira mochulukira kuti anali akadali kapolo wosauka wa udzu, adataya mtima ndikutaya mtima.

Mmodzi yozizira madzulo anakhala yekha mu wake atakhala chipinda, alikuwotha moto pa fireside kusuta wake chitoliro. Iye anali kumverera manyazi kwambiri pokhala kapolo kwa wake chitoliro ndi atasinkhasinkha kuponya izo mu ndi moto kachiwiri. Iye ankadziwa kuti iye anachita choncho kuti

ndikungotanthauza kuti anayenera kugula chitoliro
latsopano zotsatirazi tsiku. Iye anakhala
kuganiza za nkhaniyo kolimba kwambiri pamene
mwadzidzidzi anaona chiwanda ataima pa comer
chipinda, sneering ndi kumuseka iye, mochuluka monga
kunena kuti: "Ine ndi inu womangidwa, inu! Sangathawe
ine" Izi zinali choncho lenileni kuti iye anagwa pa maondo
ake, pozindikira kuti pambuyo pa zonse, kulakalaka izi kwa
kusuta anali china chirichonse kuposa mphamvu
mdierekezi. Iye anafuula kuti Mulungu
kwathunthu kupulumutsa iye ku ukapolo wa Satana. Mulungu
anachita kupulumutsa iye, ndipo iye konse kusuta kachiwiri
kwa zaka 34, kenako iye anapatsira kumwamba.

Winawake adafunsa funso kuti: "Kodi Mkristu
angasute?" "Ayi, Mkristu
ayenera kuwotcha ndi fodya," anali reply. A kusuta nyale n
di munthu wosauka, amanyansidwa kuwala. Magetsi
athu ayenera kuyaka kuti dziko lonse lapansi
liwone! (Mateyu 5:14 - 16)

A lalikulu buku
akhoza kukhala olembedwa kuti atsimikizire zoyipa za fodya
a kwa wauzimu, makhalidwe, thupi, ndi ndalama
amazonera. Kusuta, monga kuledzera ndi zina aliyense
wochimwa chizolowezi, ndi munthu wodzikonda chilakolako.
Ndi nacho
ena, ana m'gulu, amene amayamikira mwatsopano mpweya, n
di kukoka woyipawo, utsi mpweya, kuti akunenera za utsi wa
munthu wosuta kufalikira kulikonse kumene iye amayendapo
za.

Kupulumutsidwa

Chowonadi cha Aroma 7: 15-25 chimagwiranso ntchito kwa
akapolo amtundu uliwonse: "Popeza zomwe ndimachita

ndizomwe sindifuna kuchita. Ndine munthu wosasangalala bwanji! Ndani adzandilanditse mthupi ili lomwe likutenga ine ku imfa. "Yesu anabwera kutimasula ife ku ukapolo, zonse chikhumbo choipa, ukapolo wamtundu wina uliwonse ndipo anatipanga mafumu ndi anembe mu ufumu wake. Khristu wabwera kwa kupanga ife zolengedwa zatsopano, ndi oyera milomo ndi woyera mtima. . palibe amene amadetsa adzalowa kumwamba thupi imfa si mutipulumutse kwa

wonyansa zizolowezi, chifukwa cha lomaliza mutu wa Baibulo limati kuti: "Aliyense ali wonyansa ndiyenera kukhala wonyansa." (Chivumbulutso 22:11).

Pereka moyo wako kwa Yesu ndipo adzakumasula; "Ngati Mwana adzakumasulani, mudzakhaladi omasuka." (Yohane 8:36). Ngati simungathe kugonjetsa mwa Khristu wekha, kuyesa ndiponso kutenga mu kukhudza ndi wa mtumiki Mulungu, kapena weniweni aliyense, wauzimu mwana wa Mulungu amene akhoza kukhulupirira ndi kupemphera ndi inu monga Marko 16: 17,18 ndi James 5: 14- 20; Aroma 6; 11-14; 8: 1-2.

"Kanizani mdierekezi, ndipo adzakuthawani." (Yakobo 4: 7). Dzazidwani ndi moto weniweni wa Mzimu Woyera ndipo mudzaleka kusuta, kapolo womasulidwa. Mukatero mudzasangalala ndi moyo mokwanira (Yohane 10:10) ndipo mudzatha kuyimba mokondwera:

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Ngati mwapeza chipulumutso mwa Khristu, kapena mwadalitsidwa mwanjira ina kudzera mu mabuku athu a Uthenga Wabwino, chonde tiuzeni. Tikufuna kuthokoza Mulungu ndi inu ndi kukumbukira inu patsogolo m'mapemphelo athu. Kuti mumve zaulere za Uthenga Wabwino, mabuku, ndi mathirakiti m'zinenero zoposa 540, lembarani :

MTIMA WA MUNTHU



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