

# ANTI SMOKE

## UKUTSHAYA

Eli phecana leVangeli laguqulelwa ngekhompyutha. Ukuba ungalungisa okanye uphucule ulwimi, nceda unxibelelane neofisi ku [info@angp.co.za](mailto:info@angp.co.za)



"Ndicela undibonise ububi bokutshaya?" umntu unakho ukucela, ukuba elo ukunika impendulo kulandelayo:

Esinye sezono ezisixhenxe ezibulalayo ngumnqweno wenyama. ( KwabaseKolose 3: 5-6). Lo ngumnqweno onqwenelekayo, ongonelisekiyo; Umnqweno ongalawulekiyo; i ububi, kunokutshiseka. Le yomzimba womntu mfuneko yokuba icuba naluphi na uhlobo. Icuba kuba akukho ukutya esanelisayo kodwa sicacisa ichiza esinetyhefu kwangaloo mthi enze elinyusayo, onombilini enerisekanga, leyo kuthiwa yenyama inkanuko. ( KwabaseKolose 3: 5-6). Umnqweno wenyama ubalwa phakathi kwezono ezisixhenxe ezibulalayo ezibiziweyo : **ikratshi, ukubawa, inkanuko yenyama, umsindo nokuzingxala ngokutya, umona, ubuvila.**

Into yokuba phantse wonke umntu etshaya, akuthethi ukususa, okanye izaba ububi yalo mkhwa. ILizwi likaThixo liyabhengeza ukuba " akukho namnye ulilungisa." "Wonke ubani bonile kwaye kude kude ebusweni bukaThixo zokusindisa." ( KwabaseRoma 3: 10,23). " Sonke sasifana neegusha ezilahlekileyo, elowo ehamba ngendlela yakhe." (Isaya 53: 6). Ngenxa yokuba i ethile ububi iye jikelele, akukho nto kungekho sizathu ukuba badlale ngayo kuyo.

UTHixo ugweba inkunkuma engeyomfuneko okanye yesono . Kutheni usebenzisa imali kwizinto ezingonelisiyo? Yini na ukuba nilinganisele umvuzo wakho yaye nangoku kulamba? Bazidinisa ngento engento , yonke into abayakhayo ihla ivutha. (Isaya 55: 2; Habhakuki 2:13). Ukuba bangachithi imali, ixesha, kunye nezempilo, nokuba na etywaleni, icuba okanye naziphi na ezinye eziyingozi into leyo ngokuqinisekileyo ukuthanda kukaThixo. Izigidi zeepawundi ezityebisa iifemu zecuba lixabiso eliqatha lokuhlawulela umsi nothuthu, i- jangled nerves kunye neentliziyo ezaphukileyo, umqala obuhlungu, ukudumba kwengqondo kunye nokufa ngenxa yomhlaza wemiphunga. Isibakala sokuba intsumpa a Hospital London ubhengeza ukuba ngaphezu 100,000 abantu e England abaye bafa kwi ngokungazi evela lung nomhlaza ngenxa ukuba umdiza ukutshaya kule minyaka ingamashumi amabini idlulileyo, kwaye ukuba ubuncinane omnye 250.000 kancinci uya kufela kule minyaka ilishumi ezayo, ngenxa kule nesono yokusebenza, ubonisa ukuba into embi. Amanye amanani nangaphezulu ezothusayo anikwe f Rom lonke ihlabathi, yaye Science Onyango ekuqaleni ukuqonda ixabiso

lento amaxhoba icuba uhlawula. Ukutshaya icuba, ingakumbi ke umntu lowo inhales na umsi, ke kancina ne, kodwa ngokuqinisekileyo, benza ukuzibulala kwi izavenge sicwangciso. "Umntu uyafa eneminyaka engama-40 okanye 50 ukususela isifo degeneracy, xa babeza kuhlala ngonaphakade ka - 70, 80 okanye 100 iminyaka, uye ukuzibulala inene lizimisele njengoko lo mntu lowo amathuba phezu jet igesi," bhala UGqr. H. Bress.

### Itshaya njani icuba?

Abaninzi abantu, abo baye wakhathazwa neqhenqa ngenxa emininzi iminyaka, kufa umhlaza, inyumoniya, isifo sentliziyo okanye ezinye izifo. Icuba wenza okufanayo, oko ubulala ngokungangqalanga kwaye iyasinda ityala.

"Umsi wecuba sele inyathelo olunobundlobongela kwi kule isikhungo, ve ukonakala kweeseli zengqondo, nto leyo ngokukhawuleza kakhulu phakathi amakhwenkwe. Akukho inkwenkwe okanye umntu etshayayo bangasebenza iilebhu bam." Th. A. Edison. "Uyaguquka ecaweni umva njengomthetho ukuba abayeki icuba."

- J. McAuley.

"A umntwana ozelwe ngumama imisi yemidiza kuba uyagula. Oku le tyhefu kwaye afe kwisithuba seeveki ezimbini yokuzalwa. Le kuhlolwe ibonisa angakwazi le isibindi, intliziyo, kunye namanye amaziko. Amathandathu eepesenti abo bonke abantwana abazelwe ngoomama ngubani na umkhuba umdiza abatshayayo, kufa xa i ekuqaleni ubudala, ubukhulu becala phambi kokuba babe neminyaka emibini ubudala. " - UGqr. Ch. L. Barber.

Ootata noomama, njengababulali babantwana babo , baya kuphendula phambi koThixo ngomhla womgwebo.

Andinakumangaliswa ukuba oko sikufunda kuHezekile 8: 17,18 kubhekisa kububi bokutshaya nokufunxa icuba; "Abayi anelisekile ngokwenza nje zonke izinto ezilizothe uye ozibonileyo apha yaye ekusasazeni ugonyamelo kulo lonke elo lizwe. Hayi, kufuneka eze niwenze apha endlwini ngokwayo enze phambi kwam nangakumbi nomsindo. Khangela indlela bandigxekayo kwi the ngendlela ekhubekisayo!

kunokwenzeka (a ngokubhekiselele a lokukhula yobuhedeni ngokubeka isebe kwi impumlo). baza kuva onke amandla ka komsindo wam. andiyi kuba nanceba kubo okanye ubonise inceba. baya kumemelela imithandazo ukuba kum elikhulu njengoko kunokwenzeka, k odwa mna ndiya kuniphulaphula kubo. " A uThixo Oyingcwele ukuthiyile le bubu Isenzo fashion, ububi icuba .

Church-uza abantu kundigweba nakubanina nobuganga ukuba ukutshaya kwisakhiwo ebandleni, ingakumbi ngexesha enkonzweni. Mhlawumbi awuzange ufundiswe ukuba ngenxa yokuba uKristu wanikela ngomzimba wakhe ukuba abethelelwe emnqamlezweni kwaye wavuswa kwabafuleyo, uyikhethile imizimba yethu neentliziyo, ukuba zihlanjululwe kuzo zonke izono ngoYesu kwaye zizaliswe nguMoya oyiNgcwele, ukuba ibe yitempile yakhe. . "Anazi na, ukuba umzimba wenu indlu kaMoya oyiNgcwele, ohlala phakathi kwenu ? Kwaye, esamnikwayo kuni nguThixo Wena musa zezikaYe- ngokwenu , uthetha kuThixo; Wathenga ngexabiso. Ngoko ke, sebenzisa imizimba yenu izukiswe nguThixo. (1 KwabaseKorinte 6: 19-20). "Isono maningabi malulawule wenu

onokufa imizimba, ukuze nisilulamele ngokwenza iinkanuko zakho zendalo self. Yaye umele anikezele nayiphi na inxalenye ngokwenu ukuba isono ukuba eziza kusetyenzi selwa abangendawo iinjongo. Endaweni yoko, ukunika ngokwenu kuye uThixo, njengabo abaye ukuba beziswe ekufeni sangena ebomini, kwaye anikezele wakho uphela ukuba eya kuye eziza kusetyenziswa xa ulilungisa iinjongo.

" (KwabaseRoma 6: 12,13). " Ngoko ke, ukuba umntu uyayonakalisa itempile kaThixo, uThixo womonakalisa lowo. , Kuba indlu kaThixo kukuba ungcwele, kwaye nani ngokwenu ke etempileni yakhe." (1 KwabaseKorinte 3: 16,17).

Kutheni le nto sigcina, kwaye singcolisa oko uThixo akhethe ukuba yitempile yakhe okt imizimba yethu ?

### **Icuba noSathana**

A Town uCeba ethile, umhlobo wam, aguqulwa kuKristu kwiNgxowa

bakhe ubomi kuye uThixo. Yena wahlangukwa utywala kodwa wahlala likhoboka wokutshaya. Wazama okusemandleni akhe ukuba ukutshaya kodwa asikwazanga ukoyisa le bubu mqweno. Ngoku Wabuya ke wayeza phosa icuba, nelembande, necuba kude, kodwa indlela yakhe eya ofisi zilandelayo imini,

akwazi ukuba aluphumeleli yokuqala evenkileni ngaphandle ukuthenga elungileyo unikezelo kwakhona. Ebon a ngakumbi nangakumbi ukuba wayeselikhoboka elihlwempuzekileyo kokhula, watyhafa kwaye wapheliswa lithemba.

Ngenye Ubusika obubandayo ngokuhlwa wahlala yedwa kwi yakhe ehleli kwigumbi, esotha yangaseMlilweni ukutshaya kwakhe umbhobho. Yena

yayichwayitile neentloni ggitha ukuba  
 loo likhoboka ku bakhe umbhobho  
 kwaye kuxelwe baphosa kuyo niye kulo emlilweni  
 kwakhona. Wayeyazi ukuba xa esenza njalo kuyakuthetha  
 ukuba kuyakufuneka athenge ipayipi entsha ngosuku  
 olulandelayo. Wayehleli ukucinga ngalo mbandela kakhulu  
 ngenyameko xa ngesiquphe wabona uMtyholi emi kule  
 ashishinayo egumbini, nabaphathi bamaYuda kunye bamwa  
 kuye, kangangoko ukuba athi: "Mna na wambopha, nina!  
 Awukwazi ukubaleka  
 me" Oku Kwaba njalo ngokwenene ukuba uthe wawa phezu n  
 gamadolo akhe, eqonda ukuba emva konke, eli njengokufuna  
 yokutshayela kwakungekho nto ngaphandle amandla  
 kaSathana. Yena Wadanduluka ke uThixo  
 ngokupheleleyo amnikele kuye ebukhobokeni  
 kaSathana. UThixo wamhlangula , kwaye  
 akazange aphinde atshaye iminyaka engama-34, emva  
 koko wadlulela ezulwini.

Umntu othile ubuze lo mbuzo: "Ngaba umKristu  
 angatshaya?" "Hayi, umKristu  
 umele ngomlilo kwaye anditshayi," lowo impendulo. A ukuts  
 haya isibane yi a ihlwempu, ukukhanya  
 ekhubekisayo. Izibane zethu kufuneka zivuthe ukuze  
 libonwe lihlabathi lonke! ( UMatheyu 5:14 - 16)

A enkulu incwadi  
 ayikwazanga ukuba kubhalwe ukuba ukungqina ububi ngayo  
 ukutshaya evela kwi yokomoya,  
 yokuziphatha, ngokwasemzimbeni, indawo kunye noqoqosho  
 ngayo. Ukutshaya, ezifana ubunxila kunye nayiphi na enye  
 nesono mkhwa, kuba a yokuzingca umnqweno. It unyanzelisa  
 ukuba abanye, abantwana ,  
 abantu abo ukwazisa fresh umoya, ukuba phefumla okuyintli

onti, nomsi umoya, kungekhona isithi imisi a endlala ixhwele naphi na enambuzelayo ngayo.

## Ukuhlangukwa

Inyani yamaRoma 7: 15-25 iyasebenza nakumakhoboka ecuba nangayiphi na indlela: "Kuba into endiyenzayo yilento ndingafuni ukuyenza. Hayi indlela endiyindoda engonwabanga ngayo! Ngubani oza kundihlangula kulo mzimba uthathayo ukuba afe." uYesu weza ukuze asikhulule kuyo yonke ebukhobokeni, yonke inkanuko embi, lonke uhlobo lobukhoboka thina kwaye wasenza ookumkani nababingeleli, esebukumkanini bakhe. uKristu weza ukuze asenze sibe izidalwa

ezitsha, kunye ecocekileyo imilebe kunye ezihlambulukileyo iintliziyi. akukho nto engcolisa baya kungena izulu Physical ukufa kusihlangula evela ezingcolileyo imikhwa, ngokuba le yokugqibela isahluko ngayo iBhayibhile ithi ukuba: "Nabani na nyhuku kufuneka uye kwi ukuba ezingcolileyo kuye." ( ISityhilelo 22:11).

Nikela ngobomi bakho kuYesu uyakukhulula; Ukuba uNyana uthe wanikhulula, noba nikhululekile inene. (UYohane 8:36). Ukuba awukwazi ukufumana uloyiso ngoKristu ngokwakho, zama bafike kunxibelelana a umlungiseleli uThixo, okanye nayiphi na yokwenene, ngokomoya umntwana kaThixo Ungakholelwa thandaza kunye nawe ngokutsho Marko 16: 17,18 no Yakobi 5: 14 20 ; KwabaseRoma 6: 11-14; 8: 1-2.

Mchaseni ke uMtyholi, wonibaleka. (Yakobi 4: 7). Zaliswa ngumlilo wenene woMoya oyiNgcwele kwaye uyakuyeka ukutshaya, likhoboka elikhululweyo. Uya kwandula ukubonwabela ubomi ngokupheleleyo (Yohane 10:10) kwaye ubenakho ukucula ngovuyo:

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Ukuba ulufumene usindiso kuKristu, okanye usikelelwe ngenye indlela ngoncwadi lwethu lweVangeli, nceda usazise. Sithanda ukubulela uThixo kunye nani kwaye sinikhumbule ngakumbi emithandazweni yethu. Ngoncwadi lweVangeli lwasimahla, iincwadi, kunye namapheca ngeelwimi ezingaphezu kwama-540, nceda unxibelelane nathi :

## INTLIZIYO YOMNTU





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P.O. Box 2191, PRETORIA, 0001, R.S.A.

(A Gospel Literature Mission financed by donations)

(Reg. No. 1961/001798/08)