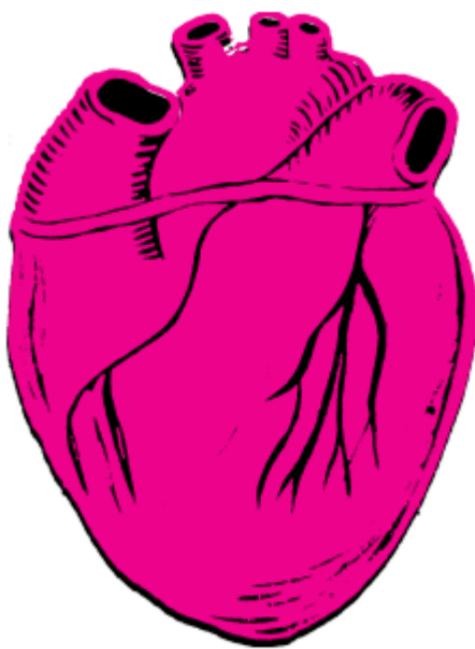


HEART TRANSPLANT

GUHINDURA UMUTIMA



Iyi nkuru y'Ubutumwa bwiza yahinduwe hamwe na mudasobwa. Niba ushobora gukosora cyangwa kunoza ururimi, nyamuneka hamagara biro kuri info@angp.co.za.

Niba urugingo urwo arirwo rwose mumubiri rukeneye ubuzima nubushobozi, rugomba kuba umutima. Umutima ningingo ikora akazi kenshi. Ninkibisu bibiri. Ubwa mbere, ikwirakwiza amaraso mu mubiri hanyuma ikohereza imbaraga mu mpyiko kugirango isukure. Kuvuga Amaraso nukuvuga Ubuzima (Abalewi 17: 11) kandi iyo umutima udakora neza, gutembera kwamaraso birahagarara, amaherezo, urupfu ruza.

Iyi mashini ishimishiye cyane nubunini bwikiganza kandi ipima hafi garama 500 kumuntu mukuru. Uru rugingo rwiza rwimitsi, rugabani jwemo ibice bine, ibi byose bipfunyitse na membrane bita pericardium. Iki gikoresho cya fantastique

mubisanzwe gikubita inshuro 70 kumunota kandi bivuze inshuro 4.200 kumasaha. Umunsi umwe yakubitwa 100.800, kandi mumwaka yatanga byose hamwe 36,792.000. Niba kandi dushyize mubikorwa umuntu ugeze kumyaka 70, bihwanye no kuvuga ko umutima we wakubise inshuro 2,575.440.000.

Ingano yamaraso umutima usanzwe ugomba kuvoma kumwaka ni litiro 2,457.000. Ayo ni maraso ahagije kugirango yuzuze Amamodoka arenga 245, buriwese ufite litiro 10,000.

Kubara kandi umuvuduko umutima utanga mumasaha 12 yo gukora, hamwe nuwo muvuduko, birashobora kuzamura umutwaro uhwanye nuburemere bwa Toni 65 nka santimetro 30 uvuye hasi. Ubundi bushakashatsi butangaje kandi butangaje mubuvuzi kumikorere yumutima wumuntu no gutembera kwamaraso binyuze mumitsi, arteriire na capillaries z'umubiri wumuntu, ikora inzira ya kilometero 22,224. Guhindura ibi muburebure bwa geografiya, twagira urugendo rwo mu nyanja kuva i New York muri Amerika kugera muri Hong Kong ku nkcombe z'Ubushinwa tunyura mu muyoboro wa Panama. Mbega urugingo rwizerwa umutima!

Umutima ukora ubudahwema buri munsi utitaye kumunsi wakazi nikiruhuko; ntuzigere usaba ikiruhuko, cyangwa ibiruhuko, ntanubwo ashaka ikiruhuko cyiza cyangwa inyungu rusange. Ikora mu budahemuka nubwo nyirayo asinziriye mu mahoro cyangwa yishora mu bikorwa.

Birumvikana ko uru rugingo ruzakorana nubushobozu buhebuje kandi ruzagumya kumererwa neza, mugihé rudakoreshejwe nabi no kwivanga kwangiza, nka: inzangano, urugomo, ishyari, ishyari ryinshi, irari, umubabaro ukabije, ibiyobyabwenge, nkinzoga , opium, heroine, morphine, kokayne, na nikotine.

Biratangaje kumenya uburyo twishingikirije kumutima! Niba tubuze ijisho rimwe, tuzakomeza kugira irindi tureba. Ugutwi kutumva kutubuza kumva hamwe nundi. Ukuguru gukomeretse kurashobora gutozwa amagufwa. Abantu benshi bashoboye gukora imirimo ikomeye ukoresheje ukuboko kumwe gusa; nyamara dufite umutima umwe gusa! Nubwo siyanse mubihe byashize byadutunguye niterambere ritangaje ryumutima, reka tuvuge ibyabaye kuri Dr. C. Barnard, ukomoka muri Afrika yepfo, washoboye gukora kimwe **mubitera umutima** wambere **wumuntu** hamwe nibisubizo byiza. Mbega umugisha kubantu benshi bavutse bafite imitima ifite inenge! Noneho hazabaho kandi ibyiringiro kubavutse bafite ibibazo byumutima nimiyoboro yimitsi, barwaye indwara ya rubagimpande, arteriosclerose, hypertension arterial, diabete, sifilis, kanseri, nibindi. Babona urumuri rushya rwibyiringiro kuvuka kugirango babeho igithe gito kandi cyiza, nyamara agaciro n'ahantu h'umutima karemano ntagereranywa kandi ni ntagereranywa.

Ibyishimo byuzuye byumuntu, ariko, ntibishobora kugerwaho gusa, nukugira umutima muzima kumubiri. Kubiremwa muntu, imyaka kwisi ni mike, kandi yuzuye ibibazo nibibazo. Ubu hari indangagaciro gushidikanya n'ibindi mu buzima bwa muntu, mu Uretse Perfect Health, ko uruhare mu kugera ku ikibaya maze ibyishimo ubuzima. Ukuri kudashidikanywaho kuri "abantu" ni uku: ko Ubuzima bwumubiri bufitanye isano itaziguye n'ubwonko, kandi kuva aho havamo imiraba yibitekerezo, amarangamutima, urukundo n'amarangamutima bikwirakwizwa mumutima na sisitemu y'imitsi, mumubiri wose.

Umunyabwenge Salomo avuga mu Migani ye ati: "Hejuru y'ibintu byose birinzwe, urinde umutima wawe kuko ubiha ubuzima." (Imigani 4:23).

Amabwiriza yumutima abanziriza mubitekerezo. Twumva byinshi burimunsi kumuntu ufite umutima wa zahabu, umutima wicyubahiro, cyangwa wumuntu ufite umutima wamabuye cyangwa umutima-mubi. Hariho abantu batazi ko bafite umutima, kuko ibitekerezo byabo byose byashyizwe ahagaragara. Muri iki gihe, haracyari urubyiruko cyane rumaze gucika intege. Muri ibi bihe byose, ndetse no mumasaha atoroshye yubuzima, dukwiye kwitoza urugwiro, uko bishoboka kose hamwe nabantu bose, ndetse no kudashyira mu gaciro.

Ukurikije isuzuma ry'Imana, umutima wumuntu ubabazwa cyane numwuka no mumico kuruta kumubiri. Kandi mubyukuri ni amarangamutima atesha umutwe atera uburwayi bwumubiri kandi bugira ingaruka kumutima. Kubera iyo mpamvu, abaganga benshi babishoboye buzuza akazi kabo neza hamwe no gukoresha Psychotherapy na Psychopathology. Ubunararibonye bwerekanye ko abantu bihebye bitabira kuvura indwara zo mu mutwe muri rusange cyangwa kubagwa. Umutima wumuntu uvugwa bwa mbere mu Byanditswe Byera (Bibiliya Yera), aho Imana yemeza ibi bikurikira: "Kandi ibitekerezo byose byibitekerezo byumutima we byahoraga ari bibi gusa." (Itangiriro 6: 56).

Nyuma y'ibinyejana byinshi, umuhanuzi w'Imana witwa Yeremiya arabyemeza ati: "Umutima uribeshya kuruta byose kandi ni mubi, ni nde uzabimenya? Njyewe **Uwiteka** nshakisha umutima, guhemba umuntu ukurikije imyitwarire ye, nkurikije ibikorwa bye bikwiye. ." (Yeremiya 17: 9-10). Haraheze imyaka amajana, kuva Umwana w'Imana, Umwami Yesu Kristo abwiriza ati: "Ariko ibiva mu kanwa, biva mu mutima, kandi ibyo bihumanya umuntu. Kuberako ibitekerezo bibi, ubwicanyi, ibitekerezo bibi bisohoka. y'umutima, ubusambanyi, ubusambanyi, ubujura, ubuhamya bw'ibinyoma, gutukana. " (Matayo 15: 18-19). Nibyo ko kuva muri ibyo bihe bya

Kristo, ibantu byahindutse kwisi? Oya! Oya rwose! Ubumuntu buracyafite akababaro kamwe, nkuko imitima yabo ikomeza kwangirika ikibi.

Kunesha siyanse birashimishije. Inzobere mu bijyanye n'indwara z'umutima mu bihugu byinshi zirimo gukora ibikorwa byo guhinduranya umutima, kandi bimwe bifite intsinzi. Ariko umuremyi wimana niwe wasezeranje kwimura umutima hashize imyaka irenga 3.000 atangaza ati: "Nzaguba **umutima mushya** kandi nshyiremo umwuka mushya, kandi nkure umutima wamabuye mumubiri wawe, nanjye nzaguha. umutima w'inyama." (Ezekiyeli 36:26).

Byaba byiza twitabiriye ituro ry'Imana rikiri mu bikorwa, Umwuka n'Umugen baravuga bati: Ngwino, ureke ufite inyota aze kandi ushaka gufata amazi y'Ubuzima mu bwisanzure. (Ibyahishuwe 22:17). Kwivuza ninzobere mu ndwara kama, mubihe byinshi, bishobora kuramba kumuntu; Ariko, ubuzima nkubwo ntibuzahwema kuba bugufi kandi bugarukira, burangira umunsi umwe byanze bikunze urupfu.

Niba siyanse ikora ibishoboka byose ngo umuntu yongere ubuzima bw'ikiremwamuntu, ni kangahe dukwiye gukomeza amasezerano y'Imana ya Yesu Kristo, tuzi ko: "Ni ngombwa ko twese twitaba Urukiko rwa Kristo, kugira ngo buri wese umuntu yakira akurikije ibyo yakoze akiri ku isi, byaba byiza cyangwa bibi? Kumenya ko niba umuntu ari muri Kristo, ari icyaremwe gishya; ibantu bishaje byarashize, dore byose byabaye bishya." (2 Abakorinto 5: 10,17).

Niba umutimanama wawe ugushinja ko "umutima wawe utari mwiza imbere y'Imana" (Ibyakozwe 8:21), baza noneho hamwe na zaburi Dawidi: "Mana, Mana, umutima utanduye kandi uhindure muri njye Umwuka ukiranuka." (Zaburi 51:10). Menya ko uramutse ukoze ibi, hariho garanti 100% ituruka ku Mana, isezeranya gukira Indwara yo mu mwuka

y'umutima wawe. Kuberako Imana yasezeranje kandi ishaka kuguha umutima mushya nubugingo buhoraho!

Niba warabonye agakiza muri Kristo, cyangwa ukaba warahawe imigisha kubitabo byacu bya Gospel, nyamuneka tubitumenyeshe. Turashaka gushimira Imana hamwe nawe, kandi tukakwibuka cyane mumasengesho yacu. Kubitabo byubutumwa bwiza, ibitabo hamwe nudupapuro mu ndimi zirenga 540, twandikire:

UMUTIMA W'UMUNTU



This Gospel tract was translated with a computer. If you can correct or improve the language, please contact the office at info@angp.co.za

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