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# **MIHING LUNGTHIM**

Ahih louh leh

## **THAGAU LUNGTHIM LIM-ET**

(Milim Sawm Manga Lungthim Umzie Sutna)

Zie lehkhabu hi 1732 kuma France gama hung kipan ahia, Africa gama Missionary hasepna a mat dingin Rev. J.R. Gschwend in 1929 kumin a siempha a ahun zik thak kit hi. Pau chuomchuom 250 sanga tamzaw a lehdawk ahia, zie chuh All Nations Gospel Publishers kititen mission na sepna dingin gam 127 ah a hawmdawk tau hi. Pau chuomchuom, Nam chuomchuom leh Sakhuo chuomchuom hoten le zie lehkhabu neu hi thiengau Ezekiel in Krista pien ma kum 586 masanga thagau lam thuthuktak leh mihingte kawma Pathien thu chah pawimawhtak, "Lungthim thak leh ngaiantuohna thak hun pieng kating .... Ka mite hitan natin un, keile na Pathien uh hi tangka," (Ezekiel 36:27-28) tia a gen khah hetdawkna'n a mang ui.

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# **MIHING LUNGTHIM**

**Pathien chenna in ahihlouhleh  
SETAN NASEPNA MUNPI  
(1 John 3:4-10)**

Zie lehkhabu hi lim-et tawbang, nang leh nang na kimuh theihna ahi tih hezing kawmin simin. Kristien na him, na hi puom, Krista gingcha na him ahihlolahle nungchawn le nahi maithei, himahleh Pathienin a hun muh guolin kimu thei inla, "Mihiem in pawlam latdan a en a, kenvang lungthim ahi ka et." (1 Sam. 16:7). Pathienin i hih dan dan un ei mu'i. Setan chuh lepchie tincheng pa ahi, Amah chu thimplal Chapa leh zie khawvel pathien hi ahi a, numei leh pasal tamtak lam dikloa apuih theihna dingin Vak sawlchak guolin a kisiem hi. Tulai hinle masang lai guol mah in, sawlchak lem, Krista sawlchak guola kisiem tamtak aum ui.

Setan leh Vak sawlchak guola a kisiem hi thilmak ei puoi. (2 Kor. 11:13-14). Setan zie khovel pathien hin, mite'n Pathien lungsietna leh Isu'n a hukdam thu ahet theih loh na dingun thimplak ah apui sek hi. (2 Kor. 4:4). Migilote leh ginglote cheng cheng chuh thagaulam a mithi leh Pathien lama mitduk ahiu hi. Zie khawvel gitlohma hin achunguah vai ahawm hi. (Eph. 2:1-2). Mangthai ahih nau apan a amit uh sukvak ahih loh chun, kumsawta sietna lam zuon a chieh ahizing ui. Mi kuole "Gitlohma ka nei puoi" ti taphawt chuh amah leh amah kithem ahi zing hi. "Zeziek tak chun Setan nasep asuk mangthai theihna dinga Pathien Chapa chu hung kilang ahi zawi." (1 John 3:8).

"Khutichún, Pathien thuthun um un Gitlohma do un, gitlohma'n nanguh hun taihsan ina. Pathien naih un, Pathien inle nanguh hun naih ina." (Jacob 4:7-8).

Zie lehkhabu hi sim inla, milim haw hi en leh chun, na lim muthei inla. Na lungthim umzie hetna dingiu Pathien hawl sek in. Na gitlohma haw henla, aum ngei nau hi tih kihetmawhsak hiel kin, Pathien thu'n tihin ei hilh hi. "Gitlohma kanei puoi, i tih uchun, ei mau kithem i hiu a, eimau ah thudik aum puoi. Ahin Pathien

kawma i gitlohnau i phuon uchun A thutiem nit intin, thildik hun bawl ina. I gitloh nateu ei ngaidam intin, i sukkhelhna chenguh ei suk thientho sak ina.” (1 Johan 1:1-10). “Isu, A Chapa thisan in i gitlohma cheng uh ei sawpthientho sak ina.”

Setan thunuol ahim Pathien thunuoi ahim, gitlohma a saltang na him, Pathien nasem na him hitei ding na hi, Na hinna chu gitlohma’n a thunun ahih chun, kihetmawh sak hiel kinla, Pathien sam ngal in. Isu Krista migilote tan ding leh i chunguh a setan thuneihna leh gitlohma susie dinga hungpa za in ei suohchak sak ina. Amah chu I Hukdampau ahi. Pathien thiengtho, thuguk cheng cheng he, lunghima ngaihtuoh guk cheng leh na thil hih cheng he pa masanga um nahi tih ki hezing in. Pathien masangah nangmah leh na thilhiah haw sel thei puonla, “Pathien in i bel uh ei siem sak a Ama’n he theilo hetheilo ding ahim? I mit uh ei siem sak a Aman mu theilo ding ahim?” (Sam. 94:9). “Lalpan amah a dinga mi ginumte lunghim asuk hat theihna dingen khawvel pumpi hi guntakin a entha zing hi.” (2 Korinth. 16:9).

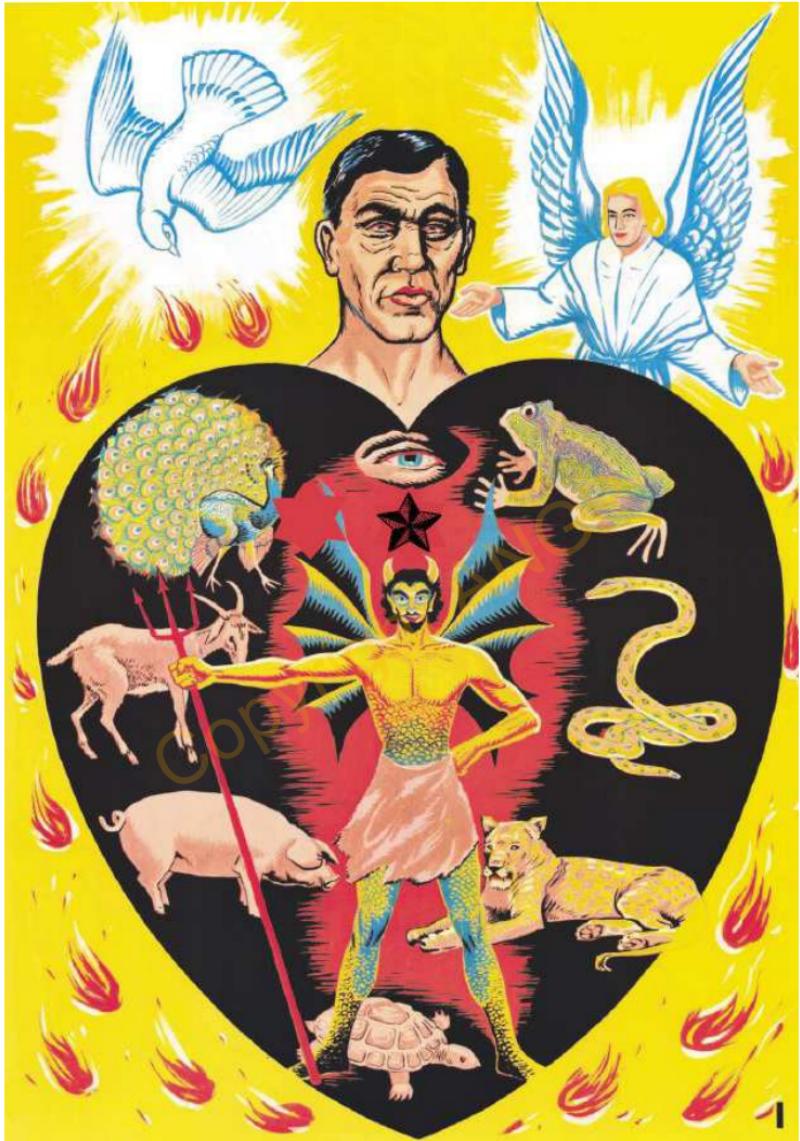
“Mihiemte kalsuon cheng a entha a, migilote Pathien masanga sel thei ding khawp hiel a them, thimna anm puoi.” (Job 34:21-22).

“Isun a lunghim chenguh a het zlekin a kawm uah a kiphuong puoi.” (Johan 2:24).

Zeziekchun “a gitlohnateu ngaihdama uma, athilhiah kheln teu ngaihdama um haw chu a hamphau hi. Lalpan mawh a chansak loh te leh lepbawlna tin chenga pana suokcha haw chu mi vangpha ahiu hi.” (Mtt. 11:28-30).

## **MILIM HAW HILHCHETNA MILIM KHATNA**

Zie milim hin, Bible a ‘Migilo’ khawvel gitlohma’n a zawhsa leh pheh leh-vo utchakna leh mihing du-amna nuoia um, “khawvelmi” tia agen mite lunghim a etsak hi. Zie hi Pathienin



## 1. Migilo Lungthim

lungthim amuh dan lim diktak chu ahi. Mit thim giel-guol leh san gei-gui hin. Thuching 25:29-33 sunga Zukhamte chanchin agen "Zu tampi dawn zo a, adang hawl beh nalai mi ei etsak inla ken milungsetum amah leh amah ki sulungkham mi buoina bawl zing zing leh phunchiekh hat hun etsak ingka:- Amit asan a, pumpelh theih mahmah ding liemna a tuok hi, Zu san kiu kieu, khawnsunga val sitset leh valh nawp tuok mahmah zieng utchakna'n hun them ki hen. A zingleh gul gu napen pen in ahun chuk guol in nasa ding nahi. Thitha poh hun mun natin, chientaka gendawk leh ngaihtuoh him him nei puonla."

Zie milim sunga luchang nuoi ahin, lungthim hii gitloh nateu hung kipatna munpi ahihziekin, mihing lungthim gitlohma chi chuom chuom etsakna ganhing chi chuom chuom in aluoh, mihing lungthim mu'nla. Pathien in Athiemgau Jeremiah kam mangin, "Kuoman mihing lungthim ahe thei puoi. Hiti lawm lawma lepbawl hat leh lepchieh hi thildang aum puoi, Sukdam theih loh khawpa damlo ahi," tin ana gen hi. (Jer. 17:9).

Isu ngei inle, "Mihing lungthim sunglama pan in ngaihtuohna diklo ahung pawta, zie chun thilhiah ding kilawm lo haw, mi suom nawpna bang, tuolthah nawpna zawsaihnawpna, du-amna, thil gilo tin cheng hih nawpna, lepbawlina, kilekna, itthikna, gensiet nawpna, chapona leh ngawlha haw bang zie thil gilo cheng cheng hi mihiem sunga hung kipan vek ahiu a, mihing a subuok sekui," tin ana gen hi. (Mark 7:21-23).

**1. VAHUONG** – Vahuong hi michengin hawih a sak himahlele, zie a mihing lungthim ahin, chapona gitlohma a etsak hi. Lucifer Pathien Vak sawlchak a ana pang ngei inle chapona ziekin a dinmun a chana, Pathien melma Setan a hung hitai. (Isaiah 14:9-17; Ezekiel 28:12-17).

Chapona kitih i gawtmun a hung kipan ahi a, thil chuom chuom ah kilang hi. Mikhen khatten a hauhsakna teu leh a thiem nateu bang a kisuonpih uh a, chaucha, zungbuuh leh kicheina zatchuom chuom in zahhuoi hielin Isaiah 3:16-24 a agen guolin akichei ui. Khenkhatten la apateu, a pienna mun uleh a

khawsaknau akisuonpih uh a, "Pathienin mi chapote a haw a, mi kingainiem te a lungsiet hi" (1 Peter 5:5) tih a hengilh ui. Mahni kingaisang leh mi chapote Pathienin a hawi. (Proverbs 8:13). "Chapona n sietna a tun a, muhsitna'n pukna a tun hi." (Proverbs 16:18).

**2. KELCHA** – Taksa utchakna haw, tharhuoina hawleh zawsa hna haw a etsak hi. Isun hun nunung lam leh mihiemte chu Sodom leh Gomorrah tawbanga hungum ding ahiu hi tia kum 2000 masanga ana genlawk kha thudik ahi tih i het theihna dinguu, tu hun nunung a hin a chunga gitlohma kigen hawhi apung deuhdeuh hi. Phalotaka khawsakna bin numei leh pasal tamtak aman kawn a. Sakhuo mite insung leh kisinsakna haw, Skul leh Hostel haw a ahung chauh hiloin, zie gitlohma hin zahlam helo leh pilkeuin hindan thiem thei takin Sinema, lamna in, zahmawh thu zikna lehkhabu haw leh thil dang tamtak apan in mihiemte lunghim ah ahungluta, Pathienin 'gitlohma' atih khah tulai dan a suok zotai. Khanglai maktaduoit tamtakin tu nunga a buoina ding uh, a zahchakna ding uleh akisikna ding luot langun Sinema leh lehkhabu thanghuoi haw apan in nuomtaka hinkhuo mat ding dan a ngaihtuoh ui. Sinema thawh mithanghuoi taktak te tulai khanga dinga mi hangsan leh ettawtak danin aum tau hi. Lamna in haw leh fat thanghuoina hung pienna mun a suok zo tau hi Thienthona lama Pathien mihangsan Josep (Gen. 39) leh midang dang haw kuoman a entawn ta nawn puou hi. Zulu ginglemi haw, zawsai ta phawt that chetchet ziengte nasan inle vaihawmna nia chun tulai nam khango kiti haw hi zillai ei sinsak thei untin, chuleh thiemloh ei chansak thei inau. Pathienin numei-pasal kala tat thanghuoina laka tello ding leh pumpelh dingin ei hilh hi. "Gitlohma dang haw hin mihiem taksa a susie puoh a, numei leh pasal kipawl thanghuoina gitlohma hin vang amah sapum ngei a subuok hi. Nasapum chu Pathien in a hunpiek, nanga um Thagau Thiengho chenna in ahi, tih helo nahim? Nanga na hita puoh a, Pathien-a na hizaw tai." (1 Kor. 6:18-19). "Zeziekchun, kuonle Pathien chenna In asuksiet chun, amahle Pathienin susiena Pathien chenna In chu a Thietho a, nangmau ngei chu Pathien chenna In nahi ngal ha." (1 Kor. 3:17).

**3. VAWKCHA** – hin zukham leh gawlsan tak luot gitlohma a etsak hi. Ganhing pawlhchehtak ahi a, amuh amang ani'n a thieng danglo a kintaka valh zieng ahi. Zie guol chun lungthim gilo inle ngaihdan phalo, thu kigen, milim leh lehkha kidakum haw avalh pai pai sek hi, taksa, Pathien hing chenna in ngei hile an thienglo leh umdan phalo meikhu chep dummuom, kahni leh damdawi khamtheih chichuom chuom in a sukbuk sek hi. Lehkachep leh kahni haw hin nidang bangloin a mei, apan, a manchak zotai. Setan suok leh dumkhu apanin Pathien thilhihtheihna chauhin a sohchak sak thei hi. Sakhuo a nungchawn ten In a hitih zieklin Ho-in ah lehkachep a chep ngam puou a, ahinla apaw lamah chun a taksau Pathien in chu zie hampa uih asuk siet hi khawk asa hiel puou hi. "Pathien in na hiua, nangmau ah Pathien Thagau a cheng hi! Kuon le Pathien in a suksiet chun Pathien inle amah chu susiena" tia Paul in agen hi na hechien kei ui. (1 Kor. 3:16,17; 6:18,19).

Mi-du-am hi Pathien mitmuhin mi muhdah um leh bangmah lo ahi. Hinna dingin ineu a, ne dinga hing i hi. Gilkielna chu an pha nekin avah sak theih a, mahleh du-amna vangchuh, "Ei piek beh in" tia kiko zing ding ahi.

Du-amna chu piek vah theih ngei puontin, suk lungkim zawh le hingeい puona. Thuthun Lui dan a chun mi gawlsan leh zukham chu suonga sehlup ding ahi. (Deut. 21:18-21). "Zukhamte leh mi gawlsante hung chagah teitei ding ahiu hi. An nek leh ihmut chauh na sepa neimi na hih chun chuh puonsien hung kivan pai inla." (Proverbs 28:7). Mihausa kuo ahim khat, an heh mahmah leh amah utna suoka tang, a thia, gawtmun ah nat thuoka gimthei taka umkha hezingln. Zudawn aphant loh dan hah gen angailo maihei hi. Zangkhai taka ngaih mai ding itih ule hi hiel tana. Pathien vang Athu ah, zukhamten Van-gam luoh hiel puon au tin eihilh hi. Zu hi an ahi puoha, zu ahia, lungthim leh misubuoi, a dawn cheng ngawl huoi taka tawi ahiu hi. A thanghuoi uh a, ahihloh hiel dinguh hih in thah nasan le akithah lawh hiel sekui. Zu hah dawn tak luot in na thawm ahun phatsak a, a hun su ngawl hi." (Prov. 20:1).

Zu huonte leh a zuokte chu Pathien ngaih i a gitlohnau kibang ahi. Pathienin, "Zu hai dawn awng tamte, zu kihel na dawn tieng uh a lauh neilo leh mi hangsante na chunguh a gik hi!" (Isai. 5:22). "Na invengte a kham masang sieh dawn ding na piek uchun thiemloh chansak in um inlau." (Hebrai 2:15). "Migiloten Pathien gam luoh hiel puon au tih nahe ngala. Nangleh nang kithem kinla, kuole mithanghuoi ahim, milim ho ahim, Zawlsai ahim, numel leh numei ahim pasal leh pasal ahim kideihchate, gucha ahim mi du-am ahim, zukhamte ahim, mi gensiete ahim ahihloleh guchate ahim zie haw cheng hin Pathien gam luoh puon au." (1 Kor. 6:9-10).

I mihing hihna a gitlohma haw hi gen khelh theih ding guol ei puoi. A laka khenhat chu ziehaw hi ahi. "Numei leh pasal nathu a thanhuoina, pawlhchehna leh tatdan kilawmlo, milien leh dawi hona. Mite chu ahung kimelmaua, ahung kido ui, a kithik tuoh uha, alungnau a, ahung du-am sekui, Pawl chuom chuom in a hung kikhen sek uha, akithik tuoh uha, zu akhamuh a zu leh nungak ameh uha, thildang ziehaw tawbang chule ahih sekui. Zietawbang thilhiah cheng cheng chu vangam ah lut puon au. (Gal. 5:19-21). "Zun kisu kham kin, nang sietna ding chauh ahi, zie sang chun Thagau thiengtho a hih dimin um zawn." (Eph. 5:18).

Isu'n thagau lam thila dangchak tapohte kawmah zie tawbang hin chitna a piei "Kuole a dang a chak chun ka kawmah hung henla dawn hen." (Johan 7:37-38). "Kuole dangchak tapoh hungun zie hin tui aum hi. Hungun, paisa neilo ten buh chawi unla, neu! Hungun! thagau bawngnawi leh Uain kichawkun, aman beiin hun piengka!" (Isai. 55:1). "Kuole ken tui ka piek ding chu hinna tui, a nak nei hintin, kumkuuo hinna piena." (Johan 4:14).

**4. SUMKUONG** – zie hin thatdahna, thuzawp nawplohnau leh dawithiemna a etsak hi. Thuzawp nawplohnau chuh dawithiemna guola phalo ahi. (1 Sam. 15:23). Mithadah, nasep nuomlo chuh amah leh amah kithat ahi, duhthusam chauh ahih theih ahi. (Thuching 21:25-26). Joshua'n Israel te kawmah bangmah hih

loin na um sawt taaluo tau, chieh unla, vala mengun ati. (Vaihawmte 18:9). Mihiemte hih thadah a, Pathien thil a vak theilo te ihiu. Isun kawtchip achun lut guo ham un, ati. (Luke 13:24). Kuonle ahawl chun muna. (Matt. 7:8). Van-gam chuh pumhata bawl ana thuok sek hi abawl hatte chun pumhat in ala sek hi. (Matt. 11:12).

Hukdamna leh thagau lam ading agaihthahna chun kumkhotuong thihna atun sek hi. Zie hin Pathien ngaih thahna Pathien thil thuk zaw haw hawlna Pathien thutiem chan ding ngaihthah a a suoh sak sek hi. Sietna atun thei hi. Pathienin na kawma thu agena, tunia na lunghim piek dinga anget phatleh diabol in zingleh pien ati sek hi. Ahihlohleh hun lemchang dang khat ah pie din ahun them sek hi. Mahleh hun lemchang ki zentak tunman loin Krista hukdamna changman loin na thi thei hi. Pathienin "Tunia a aw na het chun, napu napaten Pathien a dodal lai guol ukhan nalung khauh sak kiu. (Heb. 3:7-8). Mitampin hun lemchang dang suonlam in thagau lama athi tau hi. Hun lemchang dang hih changlo thei na hi. Nanga a hihloh ziekin.

Sumkuong vun hih dawithiemte matchak ahi. Zie Sumkuong hin a etsak nop chuh Pathien hinga kingak sangin Thithate sinsakna, Aisante, Mitvaidawite, Khut lam ente, Mibum nate, tununga ding genlawk nate hawa kinga ahi. Adiek in patepna leh natna haw ah thuokna leh lusunna haw ah Pathien i sap diu ahi. Vanghat leh vangsiet thua kingakna sangin Pathien hing chun ei panpih nuom zing zaw ahi, Lalpan mi chiehna ding ah a puihuoi sek hi. (Psalm 37:23). Adamlo aum em? Sapchuom Upate sam henla aman thau nuh in, Lalpa minin paucham sak hen. Taksanna a pauchamna chun damio chuh sudam ina. Lalpan sudam intin, ana suk khelhna hawle ngaihdam sak ina. Zieziekchun na sukkelnateu kiphuong tuoh unla, kipauchamsak tuohun, tichun sukdam hung hi ding na hiu. (Jakob 5:14-16). Pathienin Israelte kawmah halmang kithawihna din na chate piekiu, ati, dawimatna chuom chuom, thautui et te khutlam ette mitvaidawi, phunsan kiti haw mang kiu in atii. Zie hih haw chuh na Pathien un a hawt ahi, ati. (Deut. 18:10-

12). Khawpi pawlama chun dawithiernte, kideihchak nuomte, tuolthat te, mi lepchieh te, um unau. (Thupuon 22:15).

Mithite thagau hawl din kuomah kawmah chieh kin, sakhuo thil ah athienglo hi ding na hi. Kei Lalpa na Pathien uh ka hi. (Lev. 19:31). Min dawithiem te, phunsan thiemte, phun mulmul te kawmah thu la ding ahun tih phat uleh zie bana chun mihing sanga mithi te thagau apawt "thu vala phot phot un" ahun tih phat uleh, "Lalpa thugen ngai un, 'Dawithiemte thugen ngai kiu un, bangmah phatna hun pie puona' tizawu un." (Isai 8:19-20). Zie lehkhabu neucha hih nasim zing laiin Pathien in na gitlohma te haihsana, amah kawma na hinna cheng pie din ahun ho pih in, ahun sam ahi. Himahleh nangmah a Sumkuong thagau um chun ngaih dan chuom chuom a hun siema, thupukna le hun bawl sak zieng nuom loin, lauhna hun neih sakin, "Gingtu taktak hita leng, ka inkuonpihnen, kaguol ten midang ten bang eiti ngai dingum" nati sek hi, ziebana chun lamna mun, nekkhawmna mun etnawp bawlna munte haw ah tel ta kileng bang ati dem? Isu Krieta hauhsatna lopi etsangin, muonna maktak, thu agen senloh kipahna, alopina, a kumkhuo hinna, nopna kim etsang in Krista na lunggila ahungluta na nutsieh ding tho, na cha'n ding tho thil haw mihiemte lauhna ziekh leh thih ding lauhna zieka, zie thil haw chuh na ct chun diabol suoka puiha um hi ding na hi. Himahleh Krista chun thih lauhna te, mihiem lauhna te apat mite a snohchak sak tai. (Heb. 2:14). Khuti ahih ziekin, na thatdahna leh nathu awih lohna chun na lungthim chuh Sumkuong haw khauh guolin akhauh deuh deuh thei hi.

**5. KAMKEI** – kiti hih gamsa hangpen leh nunsie ahi. Mihiem lungthim ahin muhdahna lungnatna leh lungchawmnan vai ahawm sek hi. Chun tuolthahna chan gei atun sek hi. Bengchan ahim tieng chuh na kithunun theia. Mahleh na puokzak hun ahungtung tho sek hi. Na lungthim apat hung kipan ahi tih na het deih aum in, ahun suohchak sak theipa Isu kawmah panpih na ngen in. "Lungna kin, lungnatna buoina atun sek." (Ps. 37:8). Lungnatna hih anun asie a, sietna ahi. (Thuching 27:4). Lungnat loh guo hamham in. Thangtawm na neih zing chuh ngolbuoi

ahi. (Thugentu 7:9). Lungnat haihsanin. (Kol. 3:8). Midawilawk tamtak ten nasep gilo leh phubala din akitilkhouh tuoh uh a zie hih gulgu apat zu kisiem tobang ahi. (Deut. 32:33). Lungthim gilo adin phubalak a hawih a, himahieh Pathien hi thil gilo bawlte gawt tu ahi. Isu'n "Nangmah naki hehpih bang in na invengte hehpihin" ati, (Mark 12:31) chun "na melma hehpih in." (Matt. 5:44). Ei un i chunguh a thil gilo hihte i ngaihdam uchun, ei ule Pathienin i thil hih khelhnau ah ei ngaidam ding abi ti'n akitiem ahi. (Matt. 6:12). Suknem theihloh lungchaug khauh leh phunchiek chuh Pathienin ahawt ahi. Mihiem lungsunga thisan suohna tizatum nawpna leh galbawl nawpna a um hi. Zieziekchun sawt daih ding i deih chun lungsunga Muonna diktak koih ding ahi.

**6. GUL** – in Eden huonah Evi ahun lepbawla, khutichun Pathien tawh guolpha hihna leh kipawlna nuom ana susieta ahi, Setan chun Adam chuh khovel pumpi chunga vahawm a ha, Pathien tawh kituok taka achen uh, amah thasang ahitih a hetin a itthik ta mahmah a, it thikna ziekin setan in suksietna ding ahun ngaihtuoh ta a, Pathien tawh hinkhuo mang khawma, guolpha a aum lai chuh a suksiet sak ta ahi. Zietawbang it sikna leh awhchakna phalo mihiem lungthima um chun mi khenkhat te lungthim a nawpsakna um chuh a suksiet saka. Midangten nuomtaka a khawsak uh a nuomtaka aum uh a muh phatleh itsikna chun asusie sek hi. Tuolthahna le ahun suoh sek hi. Adiekin nupan kalah aum nuom hi "Pasalin azi chungah itthikna khel lungnatna anei puoi a phub la na chun tawpchin anei puoi." (Thuching 6:34). Sun kawlveina leh taksa khawsakna dang dangah itthikna hin muhdahna ieh thuokna simsenloh a siem sek hi. Krista nasemte lakah thugentute lakah sapchuom lawiupate lakale itthikna a bei diek puoi. Pathienin amau sanga alawite amat zawk manin. Akivenphat mahmah uh a pawimawh hi. I lung thum uh a thagau thieng hou in asiemthak Pathien lungsietna chun dim zin in. (Rome 5:5). Khutilochun Pathien adinga mi phachuom ahihna leh Pathien nasem ahihna itthikna chun a susie thei ahi.

**7. UKENG** – Zehin duh-amna leh sum duhna a etsak a, zie

chuh thil gilo cheng bul ahi. (1 Tim. 6:10). Congo gama Ukeng ten Sikmi ane aneu, atawp chana puok kek leh thi hiela a nek sek uh ahi. Mi duh-am ten mi chagah leh tasam panpih anuom kha puou zie maiak chun khawvel hauhsatna neih theih chin neih aguo zazu ui. Isu ngei in "Leia leikha leh tui ekin a nek sietna ah, guchaten a vih van uha, aguk nau ahim nanguh adin go khawlkhawm kiu, Vanah, leikha leh tui ekin anek siet lohna ah chun nanguh din go khawlkhawm zauvin; na go umna chengah na lunghim le um ina. (Matt. 6:19-21). Akan leh a inkuonte chuh Sana, dangka leh puon a deih ziek khan suonga sehlup ahiu kha (Joshua 7) Juda Iskariat khale a sumduh manin a Lalpa leh apu alepbawla akikhailum ta ahi. A sum leh a sana chuh thilsuol ahi puoha dangka ngaihnatna mihiem lunghima um chuh ahia, suol chuh Numei hileh pasal hileh, kuo chi kuo nam genloh in asang asangin, amau leh ainkuonpihte hinna asusie sekui. Lehhakap te suma kilieukham in leng hielin a kitaih siek uh ahi. Sem samlova kintaka hauhsat guote chuh gukchak, tuolthah, amau kithat ahung hi sekui, Sum duhna leh duh-amnan guol tamtak anei hi. Zie haw chuh minthan nawpna, thuneih nawpna, midang te sanga thuneizaw nawpna, chagahte sanga sum neih zawk nawpna, Sakhuoa thuneih nawpna Pathien sanga Sapchuom siet khak ding lauthawng zaw, amah Sapchuoma aumloh phawleh Pathien cha dang simmawh, ziohaw thuneihna hawhi ahi (Mark 9:38) chun Isu'n "Chingthei unla, awhchakna himhim laka chun chingtheiun, kivengun, sum hauh hi mihiem damlawh ahi puoi" ati a (Luke 12:15) mihausapa chanchin kha hiti hin gen ahi. Buh ahun hau ta mahmah a. Aman alunghim in, "Ka buh kawihna ding mun kanei ta puoha akingaihtuoh zela." Ka buh in phieng katin, a sanga lien zaw sang katin, kabuh leh ka van cheng ka kawikhawm vek na din' ati. Ziezawh chuleh, hitihin kei leh kei kihingka tin "mihampha pa, kumtam tak adin thilpha tampi na khawlkhawma, nuomtakin nenla, dawn in" tingka, atia. Himahleh Pathienin akawmah "mingawlpa tuzan ngei ngeiin na hinna chan ding nahi. Kuon na thil khawldawk cheng hi achang ta die? Atia. Amah ading maia go khawla Pathien mitmuha hausamlo chuh khuti bang chuh ahi." (Luke 12:16-21). Mi kuole khawvel pumpi nei henla a hinna chan taleh bang a lawk die? (Mark

8:36). "Zeziekchun, ka hilh na hiu hi, bang ka ne die aw? bang ka cheng die aw? tin na sapum uleh silh leh chen thu ah lungkham kiu un zie sahg chun. Agam leh a diktatna hawl zawu un, zie haw cheng cheng hi hun pie ding ahi. Na go umna chengah na lungthimle um ina. (Luke 12:22-34).

**8. SETAN** – Lepchieh cheng chengpa leh lepehieh gen cheng cheng pa chuh eiuh gilo dinga ei them sek ahi. I lunggil uh a vaihawmpa ahi. Isun, "Nanguh na pau Diabol ahi napau deihbang zuihna nuom ui. A tung apatln amah chuh tuolthat ahi a, thudik lam panpih khalo ahi. Amaha thudik aum loh ziekin. Lepchieh a gen in; amah hih ding mawng a ahih ahi. Aziek chuh lepchieh chuleh lepchieh cheng cheng Pa ahi. (John 8:44). Lepchieh aneu alien a kibang vek hi. Gendawk lepchieh auma, zikdawk lepchieh aum a. Sepdawk lepchieh le a um hi. Mi gukhah chuh lepchieh ahi ahihlohma hi tawbangin asulanga Pathien chuh zuou theilo ahi a, Kristiente le zuou theilou ding ihiu. (Titus 1:2). Thima um ngalin, amah tawh ka kivawp hi i tih uchun lepchieh i gen uh ahi, i sepuh le lepchieh ahi. (1 John 1:6). Himahleh van khawpi pawlama umte chuh migenhak te, dawithiemte, mi deihchak hatte, milim hote leh lepchieh te zuou thugen leh bawlte ahiu. (Thup. 22:15). Pathien in zuou, a sawng a sawnga gente chuh a haw ahi. (Thuching 6:19).

**9. AKSI** – zie hin mihiem a sielephha hetna a etsak hi zie sielephha hetna sungah anin leh a gilo aum hi. Gitlohma zongsak zieka khawhetna thi, mitduk tawbanga a pha asie, amah nasep ngeile hechien talo aum theih hi. Sielephha hetna hi achang leh alung anuoma. Achang leh a buoi sek hi Mawhchan theih a ngaihdama, ngaihdam theih mawh achan sak chang aum hi. Taksanna haihsan ziek bang, thithate sinsakna zuih ziek bangln mi lepchieh te sinsakna ngaih thak ziek banga ngaihtuohna le mansaka, sielephha hetna thi umthei ahi. (1 Tim. 4:1-2; Heb. 16:22).

**10. MIT** – Pathien mitin lungthima thil umte amu vek ahi. Amit vak tak apan kuoman selguk anei thei puoi. Amit mi salh thei chun mihiem lunggila ngaihtuohna thu guk leh tupna thuguk

amuthei vek hi. Thilphalo nahih chuh zanthim tak nuoi hi henla, gammang nuoi hihenla, kawkuk thuk tak hizieng lele Pathienin amu ahi. (Zie milima mit hin mihiem maia amizie kilang tawh akituok mahmah hi).

**11. MEIKUONG** – Leineute lungchang kimvela umin Pathien hehpihna lungthim gilo a kimvel a etsak hi, Pathienin chuh gitlohma a mudah a, mi vang chuh a hehpihin, mi gilo manthai ding a deihlo ahi, a gitlohnau apat a hung kihei kituh a, hinna achan zawk uh a deih ahi. (2 Pet. 3:9). Isu chu migilote hukdam dingin ahunga, mi gilo khat mai hilele a kisik chun Vana kipahna nasatak um ahi. (Luke 15:7). Lungchang kimvela lei neucha cha umin Isu Krista thisan le a etsak hi. "Pathien Belam no, khawvel gitlohamangpa" tih ahi. (John 1:29).

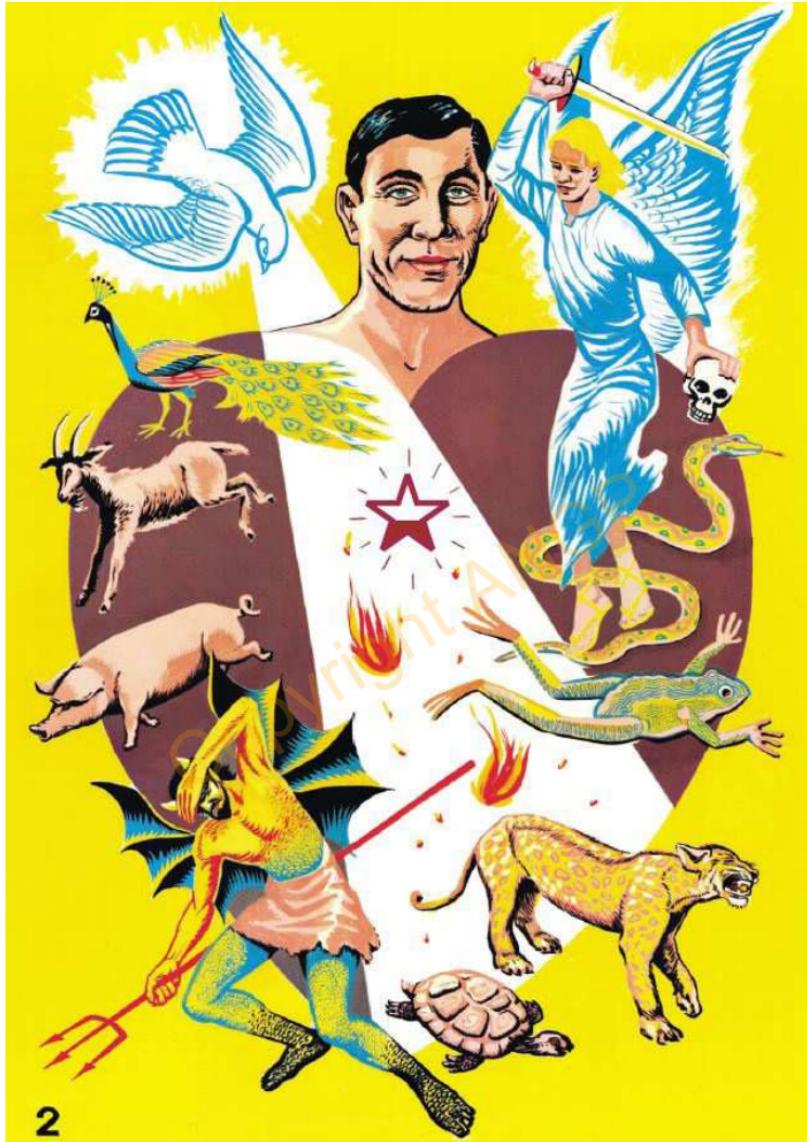
**12. ANGEL** – in Pathien thu a etsak hi Pathienin gitlohma puokgik puote leh thepa umte kawmah thugen a nuom hi ahung kisik uha Pathien hehpihna leh vak in alunggil uh a luoh theihna dingin.

**13. VAKHU** – chu Thagau thiengtho etsak ahi. Thagau chun Pathien changchanga thudik a sulanga, gitlohma bang ahim. Pathien vahawmna bangtin ahungum dem tih a sulang hi. (John 15:26). Zetak ahih mihiem lungchang pawlam ah Thagau Thiengtho chuh suklat ahi. Gitlohnan mun a luoh a a chun Thagau Thiengtho a chengthei puoi.

Zie lungchang lim bin na lungthim, lunggel hawtawh akabat chun Lalpa sam inla, Amah kawmah na lungthim pien, Pathien thu vak chuh lutsakin. "Lalpa Isu gingchanla khutichun hukdamin um inla." (Sawlchakte 16:31). Pathienin na lungthim athen a, lungchang thak hun piek atiema a ut chi ahi, (Ezek. 11:9) zie thu hih Limlak nihna ah muthei inla.

### LUNGCHANG GITLOHNA A THUZAWH

Limlak nihnan a suklut nawpchu lungchang kisik, Pathien lam enpan ta tih ahi. Angel chun chemzam zie chuh "Pathien thu,



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## 2. Lungchang gitlohma a thuzawh

hingzing leh hat, chemzam hiemuok sanga hiemzaw, thagau leh hinna chan sunlet thei, guh nek leh guh kisuktuoh na chan le sun let thei, mihiem lungchang leh lunggel nasan khenthei (Heb. 4:12) achawi a, Pathien thu a hetsak kit chuh gitlohma man piek ding chuh Thihna ahi. (Rom. 6:23). Micheng cheng khat vei chiet thih ding ahi zie zawn chuleh Pathien vahawmna um ding tih ahi. (Heb. 9:27). Migilote leh ginglote umna ding chuh mei leh katin a kakna meidil hi ding ahi. (Thup. 21:8).

## GITLOHNAN ATHUZAWH LUNGTHIM

Angelin akhut langkhatin luguh khat a chawia, zie hin migilote a hetsak nawp chuh a thih tei tei ding ahi. I it mahmah uh i taksapum uhuh, puonsilhin i tuom uh a, an in i vak uh a amelhoih theihna din i chei uh a, nasatakin pawlam a utchakna cheng sukbihna din i ngaihsak uh ahi. Himahleh athi dingsa, amuot dingsa, lungin anek dingsa ahi. I thagau uleh i hinnau vang hing zing intin, nikhat chuh Krista masang ah achung chang gen din kilak ding ahi. (2 Ker. 5:10).

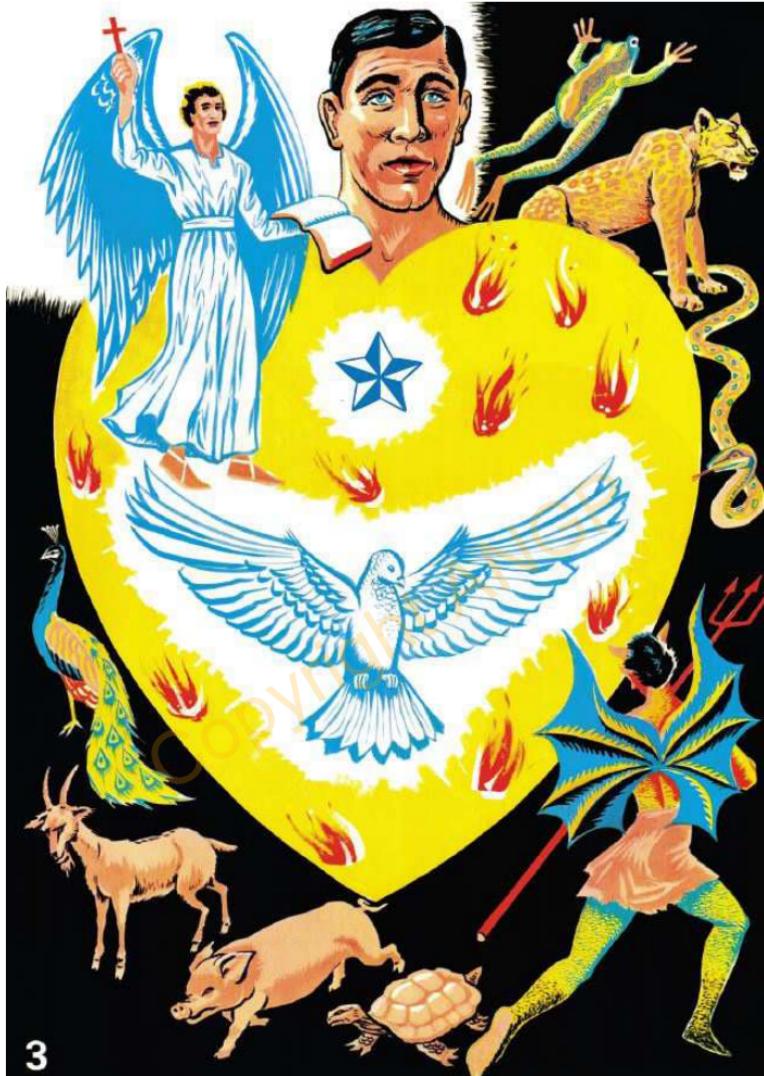
Zietak ahin migilo pan Pathien thu ahun mu pan ta a, alunghim chuh Pathien hehpihna lama chun a hawng ta a, Thagau thiengtho chuh lungthim gilo leh thima chun a vak panta ahi. Pathien chuh migilo pa lungthima thimna delhdawk din a hunglut pan ta a, khutia Pathien vak ahunglut phatin thim chuh apawt ta a, Ganhingte, gitlohma etsak haw chule a pawt taua, zieziekchun, nang zie lehkha simpa, Isu, khawvel salh vakpa chuh na lunggilah lutsak inia, Gitlohma leh thim nasep chun na lunggil chuh nusieh teitei ding ahi, zie milim uhin en in.

Isun "Kei khawvel vak kahi, kuole kei ei zui chuh thimah leng puontin, hinna vak nei zaw ding ahi (John 8:12) na lunggilah gitlohma um chuh nangmah thahat ahim, na pilna ahim, ahihlohleh mipite pilnan delhdawk zo puonla, Abaihlam pen, a hatpen, a muon umpen chun. Isu khawvel vak chuh na lunggilah lutsak lehchin thim thilhiih gitlohma chuh chieh dawk mai ding ahi. Zanthim adin, Aksite thavak te phachuom maithei, mah, leh zie vak neucha cha hawhi Nisa ahungsuok phatleh a mang

mai sekui. Khutiguol chun Isu diktatna Nisan suokna ah vak dang amang sekui. Jerusalem temple a avalut khan, thilzuok leh chaw haw khale a delhdawk kha Sumtheng te dawhkan leh Vapal zuok te dawhkan asawn paia, hiti hin atia, "Pathien thu a kizik guolin, Kapa in Ka in chuh Pauchamna in tih ding ahi." Nangun guchate kiselha pukin na siem uh a atia. (Matt. 21:13). Na lunggil chuh Pathienin, Pathien temple na hlh sak nawp chun, chen anuom in, cheimawi anuom in, kipahna leh lungsietnan ahih dim nuom hi. Isu chuh i gitlohma teu ngaidam nuom chauh hiloing gitlohma thuneihna thuzawhna apat puihdawk a nawp ahi. "Chapan ahun thahdawk chun pawt teitei ding nahi." (John 8:36).

## LUNGCHANG KISIK CHUH

Zie limlak ahin migilo kisik taktak te lungput dan amuh theih hi. Amah ngeiin a gitlohma tam zie leh huoiset zie Isun Kross chunga a thih lawhua amu ta a, Kross thu Angel Pathien thu apat amuh phatin, a lunggii gimthei chuh a khawih a, khutichun kisikna thuk tak neiin, a thilhii khelh tamtak zieka dahna a nei ahi. Pathien hehpihna Krista Isu a phuondawk chuh amuh pathin, a lunggil chuh lungsietna a suktui in aum ta a. Adiekin Isu Krista Pathien Chapa chuh a gitlohma tampi lamang din ahung hi tih ahun hetai, zie chauh chule hiloing Kross chunga amah thasanga thi peih khawpa hung ahih a huun hetai. Isu zepa um, ling luchuk khuk sak, akhut leh keng thikkilh a kilh, Kross chungah a thihna zie hawhi i gitlohnau ziek ahi tih hi migilo kisik chun ahun het phatin alunggel leh a hinkhuo a hung kitheng tawp mai ta ahi. Pathien thu a vak sim leh limet a ki en guolin akimu chien ta a. Pathien apat bangti tienga gamla leh bangti tienga a thupiek zui talo ahim tin ahung kihedawk ta ahi. Khutichun dahna ieh lungkhamna nasatak in ahungdim ta a. Mitthi tui luong zawih zawih in Pathien ma achun a lunggil ahun phuong ta ahi. Isun le anaih a. "Pathien chapa, Isu thisan chun ei uh gitlohma tin cheng lak apat eisilthieng vek tai" (1 John 1:7) zie thu hih ahet phatin alunggil chuh Pathien muon na leh hehpihnan ahungdim ta a. "Kei ahin, lungthim thieng siem inla Aw, Pathien ka sunga hin thagau dik leh thak kawihin" (Sam



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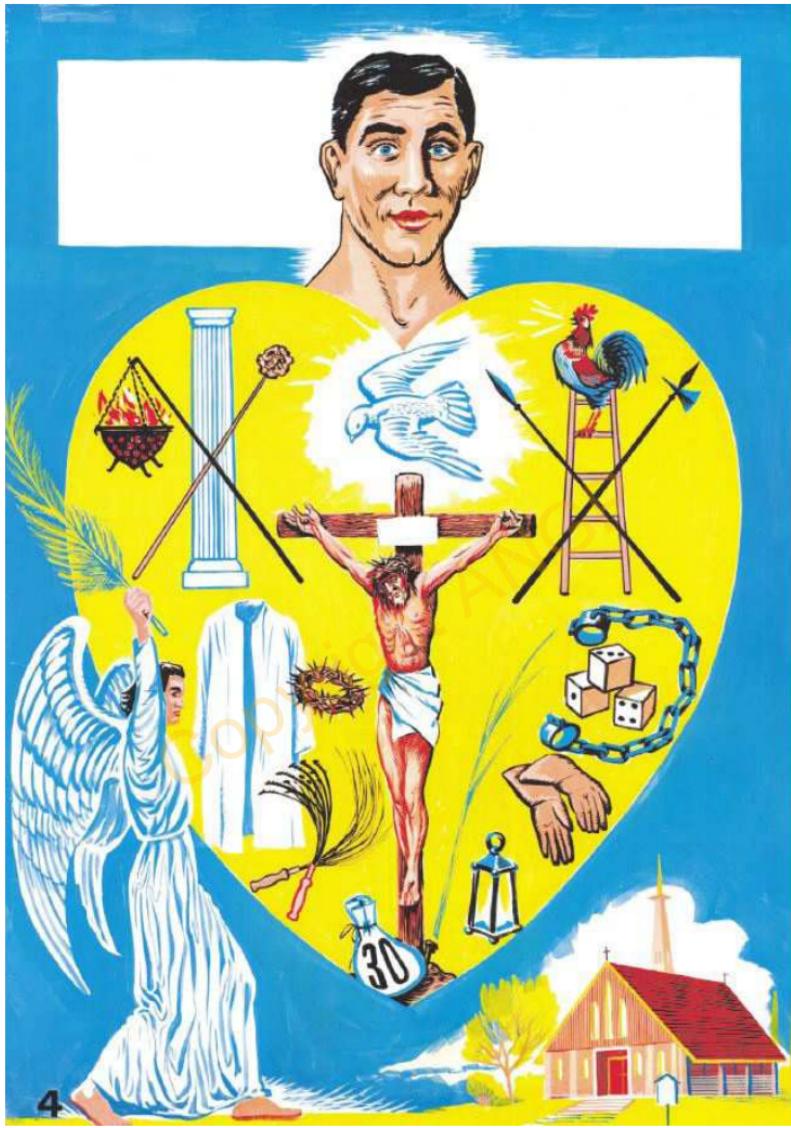
### 3. Lungchang kisik chuh

51:10) chun Pathien thun hiti hin ati. "Kuole kingainiema kisik leh kei ei kihcha a kathu zawp chuh ka lungdamna ahi." (Isai 66:2). Thagau Thiengtho in Isu thu ahilh chiena. Ka chapa, ka chanu lau kin, na gitlohma ngaihdam ahitai. (Matt. 9:2). Kross leh Isu thisan Kross a hungpawt chuh a et leh amah ziek vek ahi tih ahun ginchat phatin a gitlohma tampi chuh lakmang ahitai tih ahun hedawk ta a, eiuh thuok ding hinapi Isun a thuok hi tih te, i gitloh nate zieka sukliem ahih dante, i thilhiah khelh ziek uh a zep ahi a, Lalpan zie gawtna hi Amah chunga a ngak ahi tih ahun hedawk hi. (Isai 53).

Thagau thiengtho leh Pathien hehpihna chun lunggil suk thien chuh a luoh a, Isu a ginchak zieka a gitloh nate ngaihdam ahitai tih ahun hedawk a. Chun Isu, Pathien chapa thisan ngei chun gitlohma tincheng lakah silthien ahi tih lunggila hetchetna tak tak ahun nei ta a. (1 John 1:7). Tuhin chuh kuonle Isu gingcha ta cheng thi puontin kumkhuo hinna nei zawa. (John 3:16) tih ahun hechien ta ahi. "Krista kithawihna dinga a thihna ziekin ei haw suokcha i hitau, i gitloh nateu ngaihdam ahitai. (Eph. 1:7). Mihiem in a gitlohma thil deihna cheng chuh Pathien a dinga hin nawpna leh amah nasep nawpnan ahung dim ta a, "Aman ei hehpih masat ziekin." (1 John 4:19). Khawvel leh a sunga thil te hehpih sangin Pathien leh thil haw a ngaina zawa. Zeziekchun zie milim ahin ganhing haw gitlohma etsak haw chuh lungchang pawlam achun aum vek tau. Setan chun chuh aum nasa a nusieh nuom puoh mah mah a, lut kit ding ngen angaihtuoh hi, Zieziekchun Lalpa Isun kiveng unla, Diabol do din paucham un Khuti leh ei taihsan ding ahi. (Jakob 4:7).

### KRISTA TAWH THI

Zie limlak in a gennawp chuh Kristien, Lalpa leh hukdampa Isu Krista zala kumkhawtuong hukdamna leh muonna chang te ahi. Lalpa Isu Kross lo chuh suon ding dang anei puoh a, zie Kross zal chun khawvel hi eiuh adin khet den in aum a athi a. Eiuh le khawvel adin athi ihiu. (Gal. 6:14). Gitlohma a i thih uh a diktatna a ihin theih na dingun Isu chuh Kross ah athi a. (1 Pet. 2:24). Kristien khawvel a dinga thi a etsak hi. Thagau in



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#### 4. Krista tawh thi

i hinnau kipuih sak dinga hilh i hiu. Mihiem deihna subuting mai lo dingin. (Gal. 5:16-25).

Zie lunghim limlak ahin Lalpa Isu, a silhlehchen hawkthak sak ahih nunga kanden ahihna thingkhuom i muua, chuleh akizepna khauhuol le muh ahi. I gitlohnan zieka gawt ahi a. Amah gawt ahihna khan eiuh sukdam ihi tau ui. (Isai 53:4). Herod leh a sepaihiten amah musitin a nuihsan uh a, a zep nungun Lallukhuh khuksak sangin Linglukhuk a khuksak ui. Lal tiengkhut pieksak mawlh hawihsak ahia, chun amasangah a bawkkhup uh a, anuihsan uh a, Judate leng damsawt hen' tin a kiko uh a, chil a siet khum ah a, akhuta mawl a laksak uh a aluchang zepnan a mangui. Khutichun zahchak umtak leh musit taka a bawl nungun khetden dingin apui tau a. (Matt. 27:27-31). Kristien tamtak paucham sek Lalpa nitak an ne a kipawl khawm sek, Pathien lale sasek tamtak aum, mahleh gitlohma nasepin Pathien chapa chuh akhenden zingui. (Hebrai 6:6). Lalpa, Lalpa ti na zawng vangamah lut puou untin, Kapa vana um deih bang hihte chauh lut unau. (Matt. 7:21-27).

Zie limlak ahin Juda sumbawm le i mua, Lalpa Isu a matsaka a zawkna dangka Sawmthum khah ahi. Dangka sum ngaihnatnan, alunggil leh a ngaihtuohna haw cheng a lamang ta a. Zanlaia a matchak toh thikkhau Lartin tih haw, chuleh Lagaua kichiem ten a matchak uh Lagau phunsan nale aum hi. "Ka puon adin phun asan uh a, akihawm ui." (Sam. 22:18). Isu neih cheng alaksak uh a, amah deihlohma thu agen ui "Zie mi hi ka leng dingun ka deih puou" atiu a Pathien pat vangsakna, guozuk, nisa, chan nuom chiet, mahleh amah nasem dinga kipie nuom kuomah umlo ahi. Mitam tak ngaih dan chuh Pathien hi buoina leh haksatna a panpihtu ding chauh a ngaih ahi.

Sepaih ten tiengchan a nak ieh a lungchang ah a sun uh a, Thisan leh tui thakhat in ahungluong dawk zienga. (John 19:33-37). Ak khatveina a khuon man Peter in 'Isu kahe puoi' tih thumvei agen man ahi. Himahleh a nungin kisikna nasatakin akap ta a. (Matt. 26:69-75). Na thil gen leh nasepin Isu chuh

na lunggil na piei tih phuontak nasu lang em? Ahihlohleh midang te hetding nazakcha nalai em? "Kuonle Isua kahi tia kiphuong ngam chuh kenle vana kapa masangah panpih inka" Himahleh "Kuonle mi masanga ei deihloh uchun Kenle kapa masangah kihet loh sak ingka." (Matt. 10:32-33).

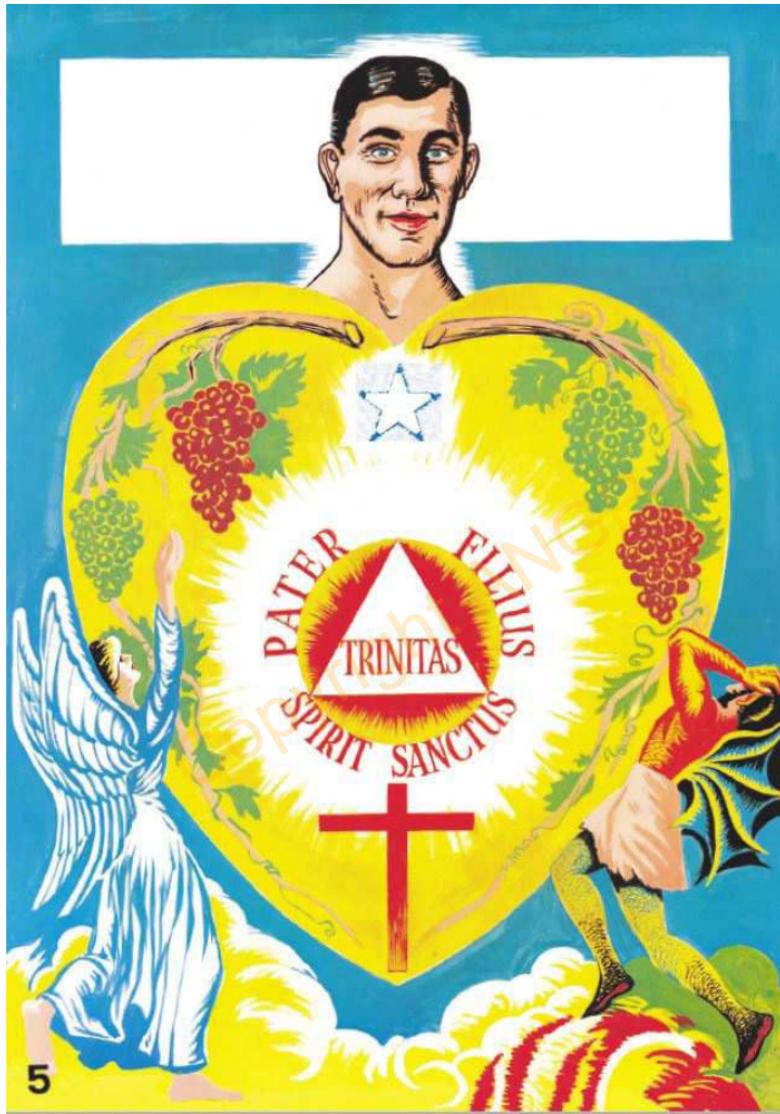
Isun "Kuonle a Kross pua ka nungzui lo chuh ka sinsak tak ahi puoi." (Matt. 10:38). Isu Krista suongpia kisel te chuh mi nuomsa ahiu.

"Kumsawti suongpi keidin khi,  
Nangmah achun ei selin  
Na nak liema kipata,  
Thisan leh tui luongdawk chun  
Gitloh thilbawltheihna pat  
Silthiengin, ei hukdamin."

### PATHIEN CHENNA IN

Zie limlak in migilo lungthim sukthien Pathien zahngaihna leh lungsetna vanga hukdama um a sulang hi zie a lungthim sukthien sa chuh Lalpa Isu tiem guolin Pathien, Pa, Chapa leh Thagau Thiengtho chenna in ahung hita ahi. "Kuonle ei hehpih chun kathu hilh te zui in a, Kapa'n amah hehpih intin, Kapa leh kei amah kawmah chieh ingka tingun, amah tawh cheng ungkau." (John 14:23). Pathienin Isu Krista zalin achawi sangin, vang apie ahi. (Luke 1:52).

Lunggil chuh tuhin Pathien in taktak chuh ahung hita a. Gitlohma chuh delhdawk ahita a, Zuouthei pa, Setan thuneihna a ganhing chi chuom chuom sangin, Thagau Thiengtho, Thutak Thagau chuh lunggil a chun a cheng ta a, Lunggil chuh gitlohma kisiem dawkna mun hitaloin, huona thing, theikung gah nei Thagau gah chi chuom chuom hungsietna, Kipahna, Muonna, Kingaihniemna, Thuokhatna, Zaidawhna, Phatna, Ginumna, Kithuzawhna, Pathien leh mihiemte kipah lamtak gahna mun huon hawihtak ahung hitai. Tuhin amah chuh Lalpa Isu Greptak bakte lakah khat a hung hitai. Zie a agah suoh ahihna thuguk



5. Pathien chenna in

khat chuh Krista tawh kimatin aum zing hi. Krista leh athu chuh amah a aum zinga. (John 15:1-10). Amah chuh thagau thiengtho a dima Baptis ahih tak ziek in, mihiem utna leh deihna chuh a zo thei ta a, athat thei ta ahi. (Gal. 5:24). Thagau Thiengtho in alamkaih ta a, mihiem utchakna supiting dingin na asem talo ahi. (Gal. 5:16). Amah chuh muh theihte, bila zak theihte, ngaihtuohnate, maimai in a kinga ta puoha, Himahleh taksan nan ahing zaw ta ahi I taksan nau in ahi khawvel i zawnau chuh. (1 John 5:4). Kinepna leh hetchetnan a hing ta a, I Lalpau Isu hungkit vak ding kinepna chun sukhatin aumta ahi. Pathien hehpihna ahet beh zel zela Kumsawta um ding chuh.

Lungthima thiengthote chuh mi nuomsa ahiu, Pathien hun mu ding ahi ngal ua. (Matt. 5:8). Leng Davidin melma gal a zo a, hauhsatna nasatak a chan nungin le a lunggil ah kidona abei nai puoha, Thagau lamah mamawh nei zingin akihe a "Aw Pathien, keimah ahin lungthim thieng siem inla, Thagau thak leh dik keimah ahin kawihin." (Sam. 51:10). David guola Pathien kawma kisikna neia lungthim thak ei siem sakin tia ngenlo ngal amah maia lungthim thak kisiem thei kuomah aum puoi Na hinkhuo ah thil thak siem chuh Pathien deihlam ahi. A sietna mun siemphat a, nangmah puon ekhai khuihbitna dinga zuouthu a kinepum taktak gen leh bitna thugen thoh mai in chuh na lunggil chuh Pathien um na mun hihsak thei mailo ding ahi Athutiem banga hun panpih a nuom zing hi "Na chungah tui thieng theh ingka." Lunggil thak leh ngaihtuohna thak hun pieng katin, suong banga tak, na lunggil genhak ladawk ing katin, lunggil thumang hun piengka, Nangah ka thagau kawih ingka katin ka dan thu na zui em tih leh ka thu hunpiek bangin na um nam tih en ingka. (Ezek. 36:25-27). Zie thu hawni ahi Pathienin a chapa Isu Krista manga Thuthun Thak ei piek uchuh.

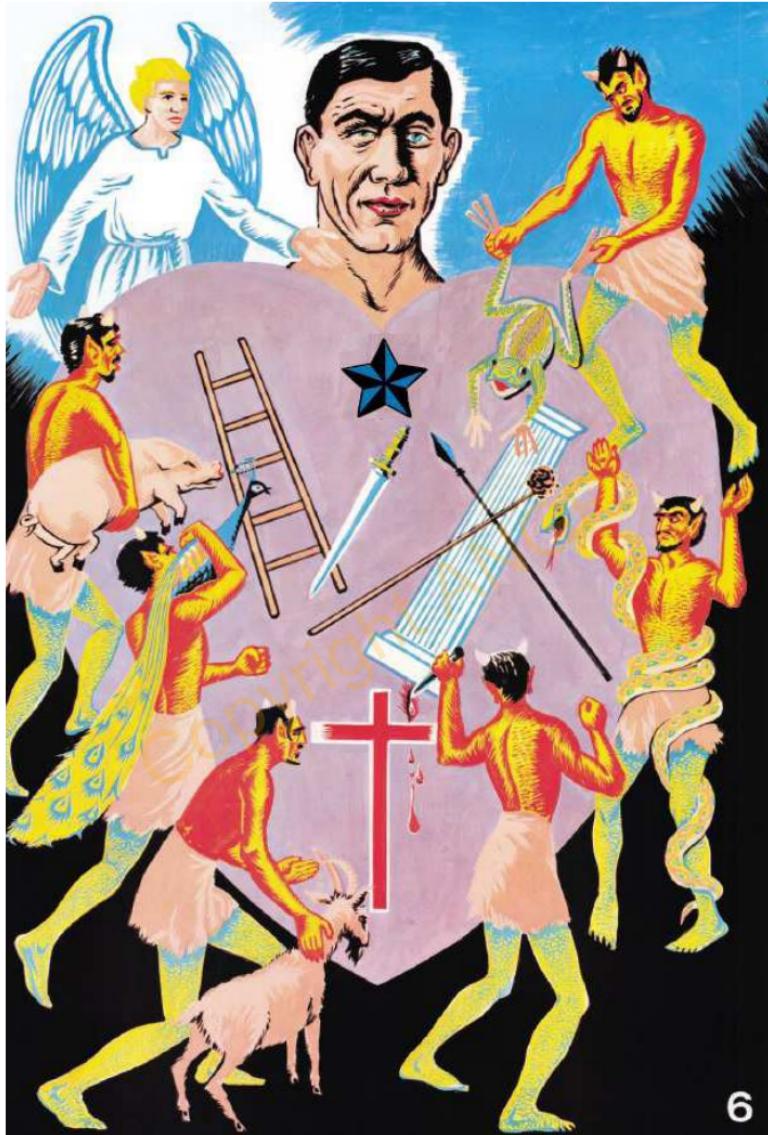
Zie limlak ahin Angel hung kilak kit muh iu aum a. Angelte chuh Lalpa zah te veng ding leh sietna a pat hukdawk dinga guot ahiu. (Sam. 34:7; 91:11; Dan. 6:22; Matt. 2:13; 13:39; 18:10; Sawlchak 5:19; 12:7-10).

Zie limlak ahin, Diabol chuh lungchang naihtaka ding, hunlem aum leh aumna luia lut kit geih guoa ding muhin aum hi. Zieziekchun ahi khawthengai leh piikieua um dinga hilha i um zing uh. Na melmapa, Diabol chuh anek theih ding hawlin, Sakeibaknei kitum uoliu akipei vel hi. (1 Pet. 5:8). Tamtak vei Diabol chuh Vak sawlchak guola kilakin, Pathien chate khawningai lo, zie khawvel deih dana hi themthan, a dohathukna manga Pathien telte hasan athem pai sek ahi. Mahleh diabol chuh do leuhing ei taihsan ding ahi. (Jakop 4:7).

### **THEPA UMLEH LUNGTHIM NIH KISUOH CHUH**

Zie limlak dahum tak hi mi nungchawn limlak ahi. A mit langkhat sing hin Kristien hinkhuoa ngui leh dap del dul panta a etsak hi. Amit langkhatin a envel a, khawvel a ngaina ta a. A sunga vak chule a mit vang vang ta a, alunggila, limlak Isu dinga thuok anawpna haw khale ahungniem tha ta a, ading zang zo ta puoi. Amah chu thepna chi chuoem chuoem aum kimvel ta a hah nana nan sangin akipie lut zaw ta a, Pathien aw zak sangin diabol lepbawlna leh thepna mai mai chuh angaitha zaw ta ahi. Biekin kai ham ham nalai mahleh khawvel thil a deihna haw chuh sakhuo nan a sela, a lunggila Pathien a ngaihnatna kha ahung dai ta a. Det taka thupukna nei taloin, lungthim mumal loin aum sek khawvel thil ah ahung kichiem panta seka. Pathien ngaih nat lim chauh athoh sek hi. Alunggila Aksi, sielephha hetna chule ahung miel ta a. Kross le kipak taka puo taloin, gik tak leh dah ngui nguiin a puota ahi. A gin nate hung kilingin, pauchama Pathien tawh kiho banga hun haihsan ta a. Alungput chuh khawksakna ahungbei a, nop dan danin ahung khawksa ta a; Tichun awl awlin diabol chuh mun a hunpie ta ahi. A lunggil pawlama ana ngak zing ahihziekin. Pathien chate kipawl khawmna sangin gitlohma bawl mi haw tawh kipawl chuh anuom deuh deuh ta a.

Vahuong, chapona etsak chun le lut kitna lampi a hawl panta a, Lungsietna vanga hukdam chauh ahih le ana hengilh ta mai theia. Kristien kiletsak a suok ta a, zu dawn nawpna chun kawtkhak a kiu a lut anuom ahi, Hun pawimawh khat, guol gilote



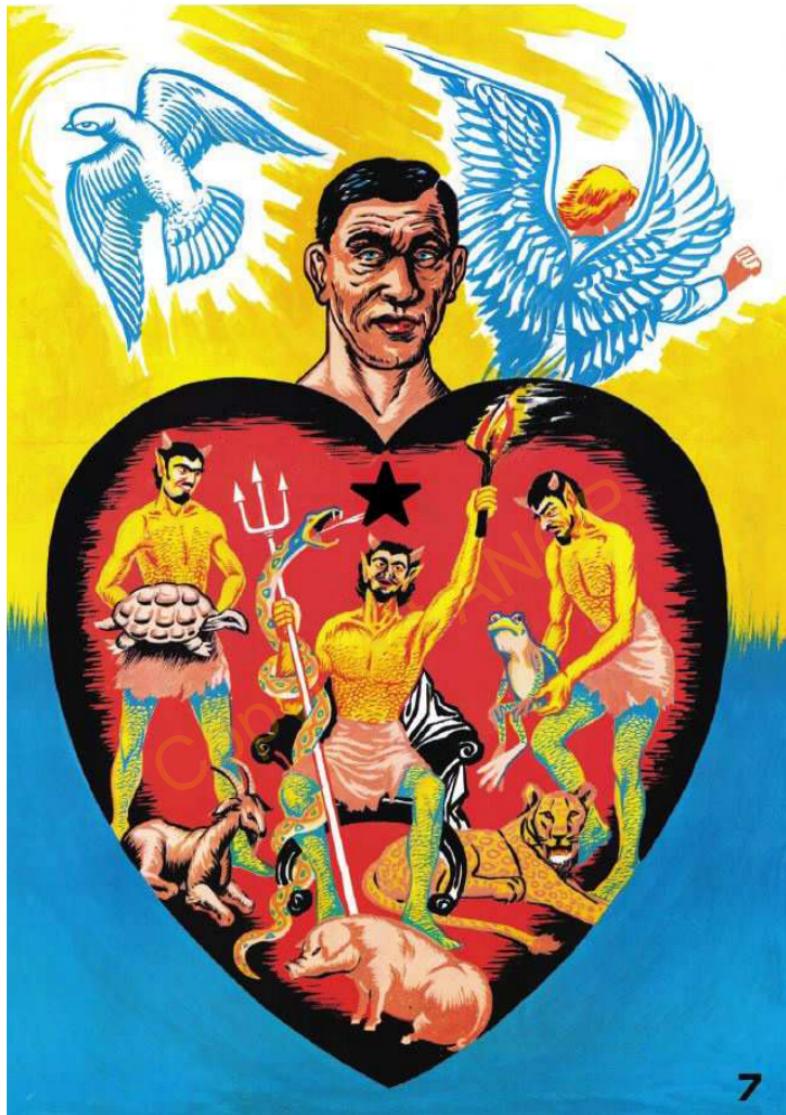
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## 6. Thepa umleh Lungthim nih kisuoh chuh

kipawlkhawmna ah mi ngaih a a chuompi khat hih ding, pawl theihloh hih ding poh zahchakna a hung uma. Diabol chun zie khatvei to chuh thagau lam bangmah suksiet ginchak aum puoi tin a hilh sek hi. Thagau mi hihna leh deihna ahung tasam hiei hiei ta a, chiemnuih bawlte hung utin, milim thanghuoi taktak a hun en pan a, guol diklo pawl nuom asa a, lamna in ale chieh in, khawvel nawpsakna deih umlo mun ale, diabol hilh dana mihiemte dinga lo-thei-lo ahi ti kawmin, khatvei vak gitloh chuh thilsie ahi puoi ati sek hi.

Adiktakin, gitlohma vachate leh ngaihtuohna phalo na lunggela alet zing chun khutilo theilo ding nahi. Eiuh ei thuzawh thei ding haw i phal uh a, i lunggil uh a bu a siet uha, no a keu ding i phal vang uchun hih khiel nasa mahmah ding i hiu. Diabol chuh khut zung neucha khat i mat khaksak uchun i khutuh hun man mai ding ahi. Zie chuleh kumkhuo meidila i thagau ueh i hinnau cheng kailut ding ahi. Zieziekchun Pathien thu hilhna thupi pen chuh, Khanglai utna pehn thak guota, bangti lam ahim in hunglele gitlohma kichepna a mat loh ding ahi. Isu nung leh madal tu kawmah tai in, zie limlaka kimu pasal khatin chemsau a lungchang a sat hln Kristien dodal leh nuihsan mite a genna ahi. A zuou thu leh a simmawhna thuu chun a lungchang a sat uh a asukliem uh ahi. Zie tobanga soisa chuh lunghim pumkhat lo a ding chun thuokzawh haksa ahi, Pathien sangin mihiem alau pana. Mihiemtun gen ding leh bawl ding a gelleh alauh ziekin, mihiem suokin alut ta seka, Pathien apat a taimang zaw sek ahi. Buoina leh lungkiekna a tuok phat leh lung na leh lungchawm in aum sek hi. A pawngbawl sek hi. Midangte akhantoh a, lawhtitna nei aum tieng leh a it thikna gul tawbang chuh ahung kilang dawk sek hi. A vakviela, hun lemchang a muh leh hawtna leh chapona kawt a hawng sek hi.

Lalpa hilhna i ngaihsak loh chun sum ngaihnatna hi baihlam takin i lunggilah a lut sek hi. Aman "Thepna a na lut lohna din paucham leh khawthengai in umin." (Matt. 26:41). "Kuole ding deta akingaih chun a puk lohna dingin chingthei hen." (1 Kor. 10:12). Diabol lepbawlina haw i do zawh theihna dingun



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## 7. Nungchawn leh lungchang khauh chu

Pathien galvan haw a chuh iki van dinguh ahi. (Eph. 6:11-18).

## NUNGCHAWN LEH LUNGCHANG KHAUH CHU

Zie limlak hin a suklat nuom chuh mihiem lungthim nungchawn chuh ahi. Amah chuh khatvei Pathien vak ah auma, van thilpiek changta leh Thagau Thiengtho pawlna changta ngalin a taksanna a haihsana. (Heb. 6:4) chun suklata umkit khat chuh kuo ahim khat kawmah Chanchinpha "Thupha" kiti phuona um ngalin, aman lah kisik himhim guolo, Pathien kawmah ahinna piek le guo dieklo haw ahi, Mi lochal chuh Pathienin a kawma thu agen leh sie deuh deuh in aum a, kithen a guot lele zo diek lo ahi.

Isu ngeiin mi nungchawnte umchan hiti hin agen hi. "Thitha buok vawp khat chuh, a sunga pat thitha a pawtin, a chawlhma ding mun hawlin tui umlohma mun haw ah avak avak a chiwlhma ding ka muh zawh loh hiel leh ka in mah akhan lut kit mai ka" ati a, khuti chun a chieh kitleh a in chuh munthiengtho leh zawl hiu hieu in ava sua. A chieh a amah sanga phalo zaw thitha sagih dang ava puita a, alut uh a, a cheng tau ahi ziephet chun zie mipa umchan chuh atunglai sangin a sie zaw ahi. (Luke 11:24-26). Mi nungchawnte umchan chuh Thuchnga muh ahih guolin "Ui in a luok ane kit hi tih leh Vawk a buolah a lut kit hi" tih ahi. (2 Peter 2:22).

Zie Pathien lehkhatu haw hin mi nungtawlh um dan leh kisik nuomlo mawng mawngte lungput a gen Gitlohma mi lepbawlna cheng lungchang hungkitin ami chuh ahun thuzawh ta ahi. Alungput chuh amai ale a hung kilang ngala. Thagau Thiengtho leh gitlohma chuh chengkhawm theilo ahihziekin Thagau Thiengtho' Vakhu nunnem chuh a chamlo a, zie mipa lungchang apat chuh pawtsak ahita ahi. Lungthim chuh Pathien in ahithei ta puoha, Setan pan mun ahi zawta ahi. Angel, Pathien thu chuh dah takin mi nungchawn lungthim apat chuh apawt a, bang ahim tin Chapataimang vawkin bangkhat anek a, kisuk vah anawp guol khan, ahung kisik thei kha die aw tikawm zelin anung et zela Chapataimang chuh kuoman nek ding apie puoa,

a hung halh dawk a, "Tho ingka ting kapa kawmah chieh ing katin, Hepa, nangmah leh Pathien mitmuh in thil ka hih khiel ie, na chapa a vawh hawi le kahi ta puoi, va tingka, atia." (Luke 15:16-20). A pa chun a chapa lungkham tak mai chuh avak muh in a ngaidama kipak takin ana lawp hi.

Zie limlaka lungchang hih i et leh Kisikua taktak Pathien lam ngatna leh Isu kengbul a ngaihdam hawl na taktak mel muh theih ahi lo ahi, A sielehpah hetna chuleh thik-ama deh tawbangin sukthip ahita a, Bil a neia mahleh Isu ngetna aw lah za theilo. Mit anei a, mahleh gawtmun kawkhuk mawngbei a kengbul zienga hawnsa umlah mutheilo. Gitlohma a khawsak zing lah zahchaknan a ngaita puoh a, Setan chuh alunggilah vai hawm din ahunglut ta a, chun leng guolin Lalchutphah aluoh ta ahi. Amah chuh pawlama etin thiengtak leh zahumtak, than, asung guh leh mithi luonga dim, a puolam nuhvam banga sakhuo mi taka lang nalai ahi thei ahi (Matt. 23:27) kisuong zuou thei pa chun thutak Thagau umna mun chuh a luoh a. Ganhing cheng leh gitlohma cheng, gitlohma leh Thitha zatchuom tak tawh kitawn in lunggil chuh a luoh ua, zie sugimthei tu, gitlohma haw apat kitawldawk guo lele amau hawn akan chak tau a "Kuole Mosie dan zuilo chuh hetpih nih ahim, thum ahim in mawh achan chun diemlo hielah thah ahi sek hi. Ahihleh, Pathien chapa su lungawi lo chuh, Pathien thisana thuthun gitloh silthienna banglo maia bawl chuh bangati ta die leh? Zahngaihna thagau musit chuh bang a suok ta die? Tun ngaihtuohin. Gawtna huoisie zaw a chan ding ahi. (Heb. 10:28-29; 2 Peter 2:1-14).

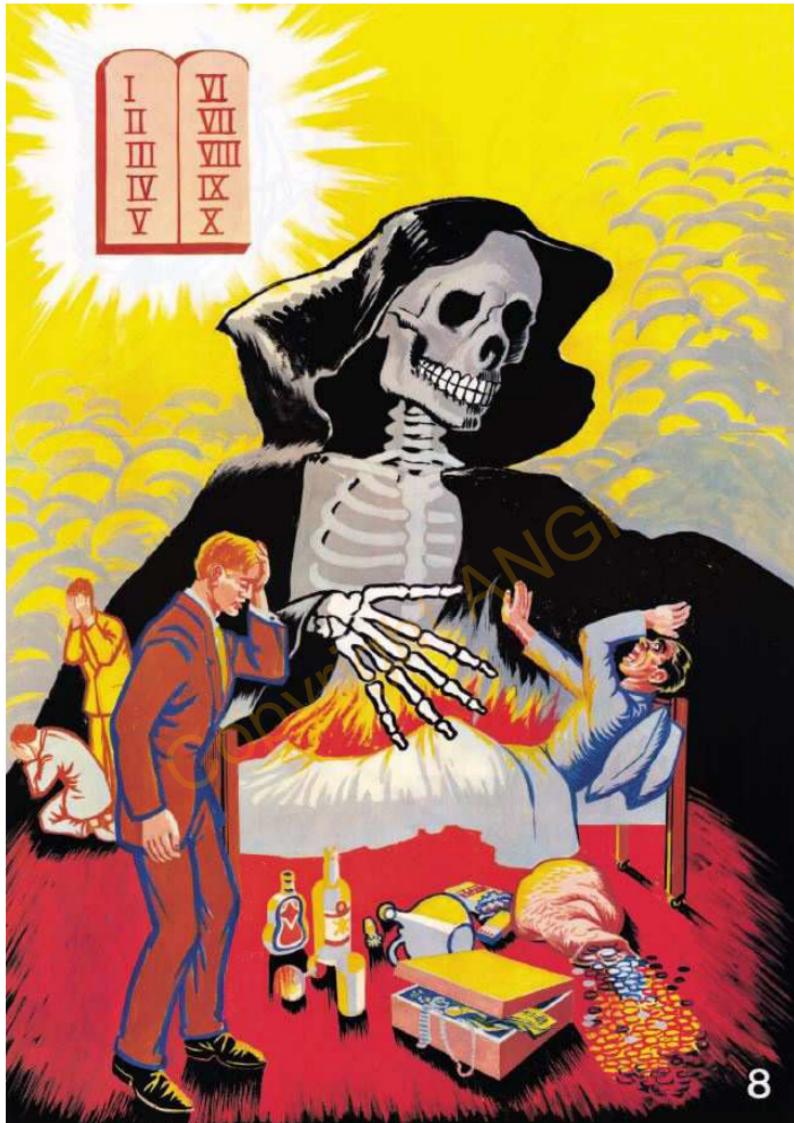
Zie limlak hitawh na lungput kituok ngei ding ahia, Guolpa, Pathien kawmah kiko kinin, dieh sawt kin, na lunggil chengin amah sam in. Tuhin le bangtik lai inle Isu, amah vanga Pathien kawma hung tapoh te chuh a hukdam nuom zing hi (Heb. 7:25) chuleh kisik taktaka a kawma na hung chun ahun ngaidam thei in ahun ngaidam nuom mahmah hi. Diabol leh athithate chuh a nangtheia, na lunggil apat chun a delh dawk thei hi. Na nawp phawt chun a bawl thei hi. Mi phak, Isu kawmah ahunga "Na nawp chun nei hih thiengho thei hi" tipa guolkhan hungin Isun

amah chuh a lungsieta, aban a khawih a, ka nuom hi, ana thiengtho tan ati a. (Mark 1:40-41). Himahleh na lochal zinga Vak sanga thim na ngaihnat zawk zing chun, kinepna ding panpihtu ding nei puonla. Hinna sangin thihna natel zaw ngala "Gitlohma man chuh piek ding ahi. Thihna chuh." (Rome 6:23).

## MIGILO DINGA VAIHAWMNA

Zie limlak ahin migilopa lochal tak Krista zui dinga thupukna sjem zing ding lai khawngai zing chuh muh ahi. Thihna a naih deuh deuh tawh kitawnin ataksa ah lauhnan a dima, a hinna thihna lauhnan dimthei ahi. Thihna (Guhngawn) chuh akiginchak hun loh tak leh aut nai loh hun takin ahungtung ta a, Gitloh nuomsak na pen chuh amang ta a. Gitlohma man deihum lo tak leh tizatum tak chuh tuokkhak ahung hita a. Gawtmun natna chuh atak ahung hita a. Tuhin paucham nuom mahmah lele sawt tak Pathien hehpihna ana nawlh tak ziekin Pathien tawh kih thei in akihe talo ahi. A guol leh paite, a zalkhun panga din nasan alau tau hi Thamuonna thu bangzah agen vangun a phachuom talo ahi. A sumlehpai inlah a hinkhuo a suksausak thei puoh a. A hinna le a hukdam thei diek puoi. A hinna a nat a thuok lah asu dai zo puoi. Diabol n hun a piek loh ziekin Pathiena lunglut chuh amah din hithei lo tawbang ahi.

Masanga ana ngaihnat hawkha tun, nuihzat buk a suok ta a. Pathien hehpihna ana nawlh a, athu tan na a mawh chang ahihtak ziekin kingakna theih bang mah a nei thei ta puoi. Sapchuom lamkaite piengthak to haw vangin panpihna anei thei puou. Pathien hing khuta kiek lut chuh thil lauhum ahi tih ahun hedawk ta a. (Heb. 10:31). Alemchang hun leh thi dinga kuol ahih phat leh a hinna Pathien kawma piek akinepna ana hia. Himahleh tun vaigei asa tai. Thihna zalkhun a Pathien kawma ki heina ding huñlom mu man loin mipi sang tamtak thakhatin athi sekui. Anaih a aumlaia Pathien lam ngat chuh thil pawimawh mahmah ahi. Pathien hukdamna thu leh thamuonna hetsangin zie migilo thi chun ahinlaia. Pathien hehpihna leh ngaihdamna a na nawlh ziekin tuhin vaihawmpa Hukdampa ana deih loh pa aw chuh aheta ahi. "Kei apat chieh mangin, Pathien



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### 8. Migilo dinga vaihawmna

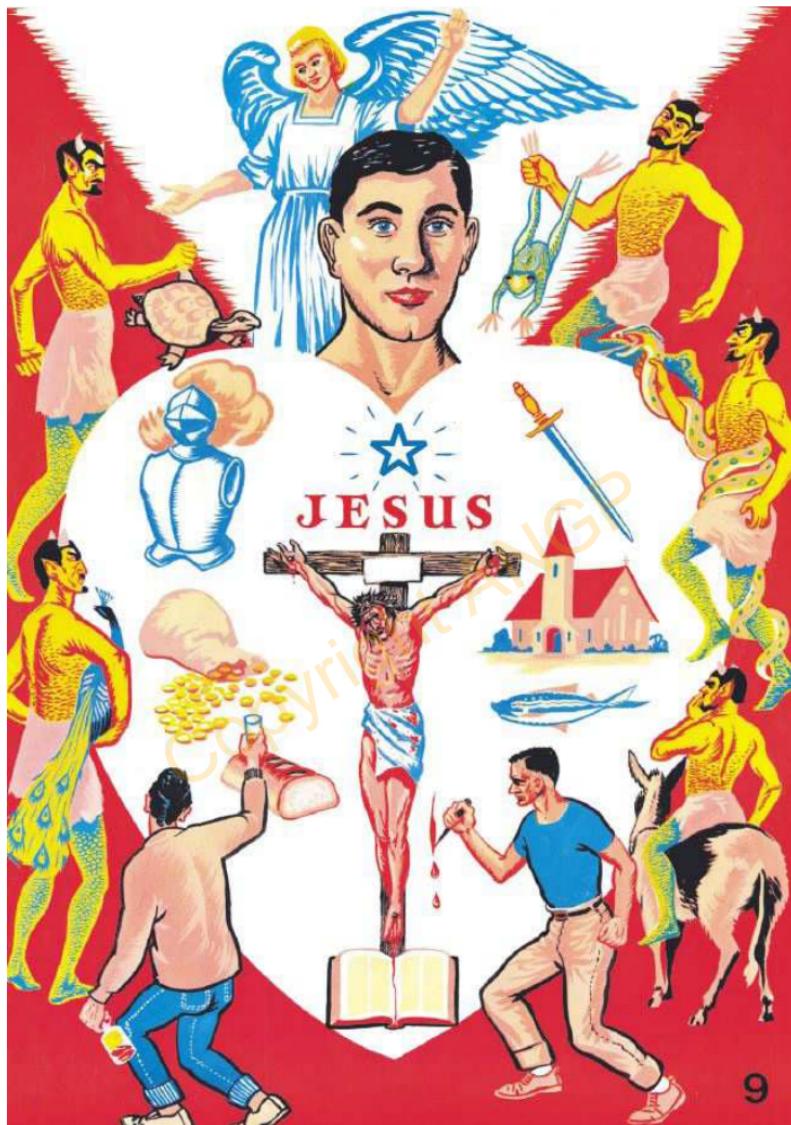
hamsie lawhna nuoia umte chuleh diabol leh a sawlchakte a dinga kisiem kumkhuo meidil achun chiehun (Matt. 25:41) tih aw ahetai. Micheag cheng khatvei chiet a thih ding tih ahia zezawh chuleh Pathien vahawmna hi ding ahi. (Heb. 9:27).

## LUNGCHANG GUOL ZO CHUH

Zie limlak ahin Kristien ginuma um leh thepna leh et chetna taktak zo umdan a etsak hi. Nung leh maa thep inle Isu Krista vanga guol zozelin a tawpchanin dettak in aum ahi. Kristien kitaihsiekna mai le hiloin, sunzawm zingin tupna dettak neiin. "Isu i ginnau kipatna leh tawpna dingpa chuh a en zing ahi." (Heb. 12:1-2).

Setan leh a thitha te chun gingtu lungchang chuh a kimvel uh a, lawhting khel kilele, Pathien chate lamdik lo a puimhang guon nasatakin abawl sek hi. Chapona, sum deihna, numei leh pasal phat lohna leh a dangdang gielbem (Sakeinei) in a etsak mun achun, tun Sabengtung i mu tau ki. Gitlohma chuh lampi dangah ahunglut a, meldang leh mindang pun a kisel sek hi. Ahinlah Kristien chingthei takpa chun sakhuo mel hunpulele gitlohma ahitih aman dawk thei hi. Vansawlchak melpu lele Pathien thu leh Thagau Thiengtho puuhuoina ziekin ahe dawk thei hi. Mikhat, a khut langkhat a zudawn dawmin Kristien kiengah alam a khawvel nawpsakna ah theppaih hama guo ahi. Himahleh Kristien kipie zo takpa chun khawvel deihna leh gitlohma cheng tawh Krist a thaha um ahih tak ziekin zie thepna chuh bangmahin a ngai puoi Limlaka mi nih napa hin ahihleh Kristien chuh chemin a suna, muhsitna gensietnn nuihsanna leh awilote manga suk lauhna leh gingtute manga gingtu diktak lungchang suknat aum sek hi Himahleh midang te gen a ngaihsak puoha, Pathienin banga agen tih chauh a ngaihtuoh zaw ahi. Isu thugen "Ka nungzui, na hih ziek uh a, miten ahun muhsit uh a ahun bawl gimtheih uh a, lepchieh tincheng a hun gen khum phat tienguleh kipak unla, nuomsa takin um un, Van ah nang udin kipahman lientak aum hi." (Matt. 5:11-12).

Eimaua taksa gitlohma leh diabolin Kristien chuh Pathien hehpihna



## 9. Lungchang guol zo chuh

apat puihdawk ham a guo zing sek hi. Himahleh muon umtak leh kipak takin "Krista hehpihna apan in kuona ei khentheih dinguh? Buoinan ahim, haksatnan ahim, sukgimtheihnan ahim, gilkielin ahim, chatgahnah ahim lauhnhan ahim, thihsnan ahim eikhen ding? (Rome 8:35). Naisailo e, ziehaw cheng cheng ahin ei heh pihpah zalin guolzo hawihtak ihiu ui. Kristien chun Pathien galvana kivanin diabol soisakna haw a do zo a. Ni phalo ahungtun inle chuleh a tawpchanah ado zawn nung inle Isu Krista zalin a ding det zing hi. Amah chun thepna leh patepna tincheng a zo a. Amah zalin ei hawnle guol zooin chul theilo Lallukhuk lopi chuh chang ding ihiu ui. (Eph. 6:10-18; 1 Pet. 5:4).

Asie lehphah hetna Aksi chuh a vakin a thieng hi. A lunggil chuh taksanna a dim leh thagau thiengtho in a dim hi. Angel, Pathien thun guolzo a a tawpchanah pangte vangsaekna lopitak a chan uh a hetsak guolin "Kuo hileh guolzo chuh Pathien huona kek hina, Thing gah nek theihna thu piengka." Kuole guolzo chuh thihsnihna chun suna ta puona. "Kuole guolzo chuh manna selguk khenkhat piengka tin chuleh minthak kizikna suongpek vam pie chiet ingka." Guolzo te, atawpchanah ka deih bang bawlte chuh kapa apata thuneihna kamuh bang bang piengka. Kuole guolzo ta chuh puonvam silh sak hintin hinna lehkhabus apatin amin uh lamang puongka. Kapa leh A sawlchakte mitmuh in amau chuh keia aihidan uh phuong ingka. Guolzo pa chuh Kapa In ah khuomin pansak ingkatin, nusieh ngei puon a. "Kuole guolzo chuh ka lalchutphah ah kasik ah chutsak inka, Keile guolzo a kapa Lalchutphah a amah kawma ka chut guol in." (Thup. 2:7,11,17,26; 3:5,12,21).

Sumbawm kihongin a suklat chuh lunggil kihong chauh hiloin asumle Pathien kawma a piek chuh ahi. Asum mawk mat sangin, chagah te panpih bang Sawmakhat leh thilpiek te, chuleh aneih cheng Pathien kawma pie a, thil cheng cheng Pathien lopina dingin a hun pie zaw ta ahi.

Changthak pek leh nga in a hetsak nawp chuh hinkhuo thiengtho leh kithu zawha a khawsak chuh ahi. A hinkhuo chuh dawntheih hat tak takin asusie puoh a, nek thienglo ane lo ahi.

(Sawlchak 15:20). A sum a mawk mat puoha, ataksa (Pathien In) chuleh, Kuhva thaih ahim, dumkhuchep ahim in asusie lo ahi. Damdawi khamtheih mangin akisusie diek lo ahi. Himahleh an thiengtho, hisel leh taksa phatna ding ane sek hi. A lunggil ngei chuh pauchamna In ahung hita a, Biek in kaihte haihsan loin, chuk leh khal in, bangthu bang la umlele a kai sek hi. Paucham chuh Biekin hileh, amah pindan ngei hizieng iele a ngaina a, Aziek chuh Kristien khantohna dingin pauchamna a Pathien tawh kiho zel tih lohin ahithei puoi tih ahe a.

Lehkhabu phetsa Bible hih amah dinga pietsa ahia, asima, nichengin athu a zil sek hi, asungah pilna leh hatna, hinna leh vak, hauhsakna tamtak amu ahi. Amah puihna dinga Thaumei ahia, gitloh zawhna dinga chemsau ahi. Ahinna dinga nicheng thagaulam an ahia, adang chak phatna dinga tui ahi, a kisilna dinga lui ahia, aki etna dinga lim-et ahi.

Kross tello a kipahman muh theih ahiloh dan a hetin Kross put chuh a ngaina a, Hinkhuo thaka ahin theihna dinga, Krista tawh kaihthawh khawm ahitih ak: hetin, a lunggil hih leia thil umte a ngaloin, ngaihtuoh na le zie thil haw a hi ngaloin Vana, chunglama thil um haw ah anga zaw sek ahi. (Kolosi 3:1-2). Pathien tawh kimuh a nuoma luiluong panga thingkek, ahun taka gah zel tawbang ahi. (Sam. 1:3). Grep bak diktak, gah tamtak suoh tawbang ahia. Thagau thiengtho zala amuh Pathien hehpihna bukim ziek chun thihna lauh na himhim ahe puoh a.

## LOPI TAKA INLAM ZUON

Zie Pathien hehpihna chun a lunggil chuh a suchim ahi Isun "Kei thawkkitna leh hinna chuh kahi" ati Kuole ei gingcha chuh thi mahlele hing ina. Kuole hinga ei gingcha chuh thi hiel puon a. (John 11:25-26). "Kuole kathu za a, ei sawlpa gingcha chuh kumkuho tuonga hinna nei unau." Mawhchangin um puontin, thihna apat hinna ah alut ngal hi. (John 5:24). Thihna chuh Kristien a dinga gawtna ahim lauh ding ahim ahi ta puoha Thihna chuh suk mang ahita a, guolzawhna chuh a bukim ahita ahi, khawitak mun ah nangdin thihna hih guolzawhna ahim?



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## 10. Lopi taka inlam zuon

Khawitak mun ah thihna hi thahatna ahim? I Lalpau Isu Krista zala guol zawhna ei pepa Pathien kawmah chun kipahthu um hen. (1 Kor. 15:54-57).

Pathien tawh kitawna, khawsa zing mi chun thihna alau lo ahi. A thih hun a tun inle Sawlchak Paul tih mah bangin a kipak ahi "Zie hinkhuo hi nutsieh a, Krista tawh umkhawm ka nuom mahmah hi, zie chuh kei a din apha mahmah ngala" (Phil. 1:23) ati ahi.

Kristien a dinga muhnawp um chuh amah dinga thi a, Kross chunga a gitloh man piepa, Isu mai chuh ahi, Thagau thiengtho inle Isu thugen buoi leh buoi loin. Inngle lungkham kiu un, Pathien na gingun, Keile ei gingchau un, Kapa in ah umna tamtak aum hi hung kit ingkatin, ka umna a, nang ule na um theihna dingun, hung pui ding kahi, (John 14:1-4) thu hih ahet dawksak zel ahi. Kuoman a muhkhak loh, kuo gen le a zak khakloh, ngaihtuoh phak ale a neih loh, Pathien in amah hehpihte dinga a guonggalh chuh zie ngei chuh ahi. (1 Kor. 2:9). Zie lei chung ngeia i Lalpau Isu Krista sulnung zuia khawsate dinga siem van khawpi lopi zie chuh phuong ding leh gen din leia pau hih aum zolo ahi.

Zie limlak tawpna ahin, guhngawn lauhum tak sangin Angel, Pathien sawlchak chuh muh ahi zaw ta a, athagau thieng chuh Pathien kawma puthlut kit ding khah a ngak zinga. Thithei taksa kawlamna apat chuh thagau leh hinna chuh a pawldawk taua, Kross a amah dinga thi leh a hetpihpia Isu kawma ding chun Van kawtkhak kih wag achun akalto taa, Pathien masang achun apu leh a Lalpau kipak takin ana muok uh a, ana lam tuoh uh a, puhchaknan zie thu hawhi aina gen uh ahi, "Suokpha leh ginum, na bawlpha ie, hunglut inla, ka kipahna ah hung tel ah (Matt. 25:21) tin. Setan in a a chungah thu anei ta puoha, "Mi chagah chuh a hung thia, Vana guolvalna a Abraham lawma chu dingin angelten ahungoui tau ahi." (Luke 16:22). Zie phat chun Vana aw khat hitia hi thu hun gen ka za a, "Zikin, tu apatin Lalpa nasema thi chuh mi nuom a ahi." Thagau chun,

ti ie, tin a dawnga. Ana sepnau a pat chawl tan au, a ziek chuh anasep bang banguh amuh diu ahi ngala." (Thup. 14:13).

## TILNA THU NUNUNG PEN

Simtu deihtak, Pathienin, nang hun hehpihpa amah kawma na langgel na piek theihna din hun panpih hen. Aman "na lunggil cheng chengin ka kawma hung kileh kitin" tin a gena. (Deut. 30:2) na lungthim na leh dah tak, thachawl tak Isu kawmah pien. Khutichun, lunggil thak leh ngaihtuohna thak hun piena, na lungchang lepbawlna chun kithem dah inla a deihna le zui kin Aziekchuh, mihiem lunggil apatin ngaihtuohna diklo hungpawtin zawntatna thil ah apuilit sek ahi, (Mark 7:21) na gitlohnate nusieh inla, a dik chuh tudet in. Aziekchuh, gitlohman chuh thiina ahi a, Pathien thilthawnpiek vang chuh i Lalpau Isu Krista tawh ki zawpna zalin kumkhawsawt a hinna ahi. (Rome 6:23).

Chun, nang Pathien kawmah na hinna piepa, Nang a dinga etsakna ka hun piek guol ukhan, thudik tak ka hun sinsak teu kha tudet kei inla, chun Krista Isu tawh i kipumkhatna ziek u a, i chan uh taksanna leh hehpihna akhan umzingin (2 Tim. 1:12) ah hitihin a zik ahi "Ka gin chuh kahei, amah kavawpsak zie mi adinga a vawpbit theih chu." Pathien ah taksanna chuh sapha deuhdeuh in. Thagau Thiengtho ah Paucham in. "Lalto lal leh Lengte leng" i Lalpau a chate lato dinga hung kit vak ding Isu lam chuh en zinin, Pathien hehpihna a chun um zingin. (1 Tim. 6:15).

Pukthelhna apat hun vengbitpa leh i hukdampau Pathien chauh kawmah, A lopina masangah, i Lalpau Isu Krista zala buokbeklo leh kipak tako hun pulat thei pa kawma chun lopina, lalna, hatna leh thuneihna, tuma leh tu leh kumsawt chanin um zingta hen. Amen. (Juda 24-25).

"Kuole gitlohma bawl chuh Pathien dan bawhsie a gilo ahi. Aziekchuh gitlohma hi dan suksiet na ahi."

"Krista chuh gitloham lamang dinga hung kilak ahi tih leh Amah ah gitlohma aum puoi tihna he ngal uha."

"Zieziekchun, kuole Krista tawh hinna kizawp chun gitlohma a bawl zawm zing puoi. Himahleh gitlohma bawl zing chun Amah amu kha puoh a, hetle a het khak loh ahi."

"Ka chate, kuoman hun dohabawl kihen. Kuole thil dik bawl chuh midiktak ahi. Krista mi diktak ahih mah bangin."

"Kuole thilhiah gilo zing zieng chuh Diabol apawt ahi. Diabol chun a tung apat thil ahih khiel ngala. Pathien chapa hung kiphuon lawhna pen chuh Diabol nasep a sukmang thai theihna dingin ahi."

"Kuole Pathien hin chun Pathien chi amah a aum ziekin gilo in aum zing zieng puoi. Pathien chuh a pa a hih ziekin gitloah ahih zawm zing zieng ta puoi."

"Zie ahin Pahtien chate leh Diabol chate akihe chien thei hi. Kuole diktatna hih lo chuh Pathien a pawt ei puoi, a suohiphiehpih lo pa chule Pathien a pawt ei diek puoi."

(1 John 3:4-10).

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