

MY SOUL IS THIRSTY

MOYO WANGA NDI LOTA



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"Monga mbawala ikulakalaka mtsinje wamadzi ozizira, chomwechonso ndikulakalaka inu Mulungu. Ndimva ludzu lanu, Mulungu wamoyo." (Masalmo 42: 1,2).

Mawu awa a wolemba Masalmo amagwiranso ntchito kwa munthu aliyense. Mulungu watipanga - mzimu, moyondi thupi. Momwemonso thupi lathu lili ndi njala ya chakudya ndi chakumwa, momwemonso moyo wathu uli ndi ludzu la Mulungu, Mulungu wamoyo. Ngati sitidyetsa matupi athu kapena kumwa chakumwa, titha kufa, kapena tikapatsidwa chakudya kapena chakumwa cholakwika, tikhoza kudwala. Zomwezo zikugwiranso ntchito ndi moyo wathu, chifukwa "munthu sangakhale ndi moyo ndi mkate wokha,

koma amafunikira mawu aliwonse amene Mulungu amalankhula." (Mateyu 4: 4). Yesu anati kwa iwo, Ine ndine mkate wamoyo. "Iye amene adza kwa Ine sadzamva njala. Iye amene akhulupirira mwa ine sadzamva ludzu konse. Pakuti mkate umene Mulungu amapereka ndi Iye amene amatsika kuchokera kumwamba ndi kupatsa moyo ku dziko lapansi." (Yohane 6: 33,35). "Indetu, indetu, ndinena ndi inu, kuti iye amene akhulupirira ali nawo moyo wosatha. Ine ndine mkate wamoyo. Ine ndine mkate wamoyo wotsika Kumwamba. Ngati munthu akudya mkate uwu, adzakhala ndi moyo kosatha." (Yohane 6: 47,48,51).

Yesu adauza mai wa ku Samariya kuti ngati angadziwe zomwe Mulungu amapereka, amupempha, ndipo adzampatsa madzi opatsa moyo akumwa. Anamuuzanso kuti aliyense amene adzamwe madzi amene Iye amapereka, sadzamvanso ludzu. Madzi omwe Amampatsa adzakhala mwa iye kasupe, yemwe azimupatsa madzi opatsa moyo, ndikumupatsa moyo wosatha. (Yohane 4: 10-14).

Yesu, Mau a Mulungu, amene anasandulika munthu nakhala pakati pathu, ndiye mkate wamoyo wokha wokhutitsa ndi yekhayo amene amatipatsa madzi amoyo kuti athetse ludzu la moyo wathu. Palibe china chilichonse mdziko lino lapansi chomwe chingatipatse moyo wosatha ndikutikhutitsa. Ndalama, zosangalatsa, akazi, amuna, kutchuka, ulemu, kumwa, kuvina, fodya, mankhwala osokoneza bongo, kapena china chilichonse sichingathetse ludzu la moyo wathu wosafa. Munthu wachuma uja, amene Yesu ankamunena, anali ndi zonsezi koma atapita ku gehena adamva ludzu lamuyaya, ndipo adafuna kuti Lazaro amize chala chake m'madzi ndikuchiyika pa lilime lake loyaka moto chifukwa amamuzunza gehena wamuyaya - koma Lazaro sanathe kumuthandiza. (Luka 16: 19-31).

O, mnzanga, siyani kuyesera kudyetsa moyo wanu pazinthu zopanda pake zadziko lapansi. Amakunyengani. Amayesa

kukukhutihiritsani ndikukusiyani ndi njala komanso ludzu kuposa kale.

Zidzakhala, "ngati munthu wanjala amene alota akudya, nadzuka ndi njala. Kapena ngati munthu akufa ndi ludzu, amene alota akumwa, ndikudzuka ndi khosi louma." (Yesaya 29: 8). Mukapanda kudiyetsa moyo wanu ndi chakudya cha moyo ndikupatsa madzi amoyo, chidzafa. Chisangalalo cha uchimo si chakudya cha moyo. Mulungu adatilenga natipanga munthu kukhala wamoyo. Ndi Mulungu yekha amene angakwaniritse kukhumba ndi ludzu la miyoyo yathu. Miyoyo yathu imalira kwa Mulungu, Mulungu wamoyo, kuti akhutire. Ngati sitilola kuti mizimu yathu isangalale, tifa ndikumva ludzu ndi njala yamuyaya kumoto wa gehena wosafa.

Yesu adatsika kuchokera kumwamba kudziyetsa miyoyo yathu ndi mkate wamoyo, ndikukwaniritse miyoyo yathu yakumva ludzu ndi madzi amoyo. Momwemonso momwe mumadyera mkate wachilengedwe ndikuutengera m'thupi lanu, tengani Yesu muntima mwanu ndi kumwa mwa Mzimu Woyera amene Yesu anatumiza kudziko lino lapansi kuti akhale kasupe wa moyo mwa inu, kukuunikirani ndi kukupatsani mphamvu ndikutsogolera inu mu chowonadi chonse.

Yesu anati, "Iye wakudya thupi langa ndi kumwa mwazi wanga, ali nawo moyo wosatha, ndipo Ine ndidzamuukitsa iye tsiku lomaliza. Pakuti thupi langa ndi chakudya chenicheni, mwazi wanga ndicho chakumwa chenicheni. Aliyense amene adya thupi langa ndi kumwa Magazi anga akhala mwa Ine, ndipo Ine ndikhala mwa iye. Uwu ndiye mkate wotsika Kumwamba. Iye wakudya mkate umenewu adzakhala ndi moyo nthawi zonse. (Yohane 6: 54-58). Landirani Yesu, mphatso ya Mulungu tsopano, Yemwe amakwaniritse njala ya moyo wathu.

## Gawo loyamba lakumwamba

Mulungu watipatsa njira yotsimikizika yolowera kumwamba. Tiyenera kutenga njira yomwe Mulungu watipatsa. Makwerero olowera kumwamba ali ndi masitepe ambiri.

Njira yoyamba kwa Mulungu ndi "Kulapa machimo." Yohane Mbatizi adaphunzitsa nati: "Chokani ku machimo anu, chifukwa Ufumu wakumwamba wayandikira!" (Mateyu 3: 1-2). Atumwi adauza anthu kuti alape. Petro adati: "Aliyense wa inu atembenuke kusiya machimo ake ndi kubatizidwa mu dzina la Yesu Khristu, kuti machimo anu akhululukidwe." (Machitidwe 2:38). "Lapani choipa ichi muntima mwanu, ndipo pempherani kwa Yehova kuti akukhululukireni." "Mulungu sanaiwale nthawi yomwe anthu samamudziwa, koma tsopano akulamula onse kulikonse kuti atembenuke kusiya njira zawo zoipa." (Machitidwe 3:19; 8:22; 17:30). Kwa mipingo yobwerera mmbuyo, Yesu, mtsogoleri wa tchalitchicho adati, "Ganzani momwe mwagwera! Tsopano tembenukani ku machimo anu! Ngati simutero, ndibwera kwa inu posachedwa ndikumenyana nanu ndi lupanga lomwe likubwera mkamwa mwanga. Anthu amene ndikondana ine ndiwadzudzula ndi kuwalanga kotero mwakhama ndi alape." (Chivumbulutso 2: 5,16). Kutembenuka kumatanthauza kutembenuka ndikusiya moyo wanu wakale ndikutsata Yesu ndikuchita chifuniro cha Mulungu. (Machitidwe 1121; 14:15). Kulapa kumakhudza ochimwa onse ndi osakhulupirira, komanso onse amene ali akhristu mdzina lokha ndipo akukhala mu uchimo ndipo adafa mu uzimu. Aloleni alape machimo awo.

Kulapa kumapangitsa munthu kusiya tchimo, kusiya mafano, ufiti, kuledzera, chiwerewere, kuba, kunama komanso kuchita zoipa. "Tembenukani ku zoyipa zanu zonse zomwe mukuchita, ndipo machimo anu asakuonogeni." (Ezekieli 18.30-32).

**Kulapa** ndiko chipata cha chipulumutso chathunthu. (Mateyu 3: 2; Machitidwe 2: 37,38).

**Kulapa** ndiko chisoni chenicheni cha machimo omwe tachita. (Mateyu 26:75; 2 Akorinto 7:10).

**Kulapa** ndiko kusiya machimo. (Luka 15: 18).

**Kulapa** ndi kuulula tchimo lako osati kubisa. (1 Yohane 1: 9; Miyambo 28:13).

**Kulapa** ndikudzipereka kwathunthu kwa Mulungu. (Luka 9:62).

**Kulapa** ndiko kukonza zomwe unalawitsa. (Luka 19: 8).

Mzimu Woyera amatsutsa za tchimo ndikutithandiza kulapa. (Yohane 16: 8).

### **Ena amene alapa**

Mfumu Davide analapa ndipo anakhululukidwa. (Masalmo 51: .1-12). Danieli analapa m'malo mwa anthu ake ndipo Mulungu anamumva. (Danieli 9: 3-19). Mfumu ndi anthu aku Nineve adalapa ndipo mzinda wonse udapulumsidwa. (Yona 3: 5-10). Mwana wotayika uja analapa ndipo abambo ake anamulandira. (Luka 15:21). Peter Mtumwi analapa ndikukhululukidwa. (Mateyu 26:75). Saulo adalapa ndikukhala Paulo Mtumwi wamphamvu. (Machitidwe 9: 1-22).

### **Kulapa kwabodza**

Anthu ena amalapa koma kulapa kwawo sikowona. Adamu adadzudzula Hava ndipo Hava adaimba njoka chifukwa cha machimo awo. Mfumu Farao adalapa kuti apulumuke chiweruzo cha Mulungu, koma kulapa kwake sikunali kwenikweni. (Eksodo 9:27; 10:16). Balaamu Mneneri adalapa, koma adapitilira njira yolakwika. (Numeri 22.34). Mfumu Sauli adalapa koma amafuna kupatsidwa ulemu nthawi yomweyo ndipo sanasonyeze chisoni chenicheni cha tchimo

lake. (1 Samueli 15:30) Yudasasi Isikariote analapa mwanjira yabodza, anaulula tchimo lake pamaso pa anseme achinyengo mmalo mopita kwa Yesu, amene anamupereka. (Mateyu 27.3,4).

Tiyenera kulapa ndi kuvomereza machimo athu kwa munthu amene tamuchimwira. Mwana wotayika uja analapa zenizeni. Ndipo adadzuka nasiya nkumbazo ndi mbuye wake, nalunjika kwa atate wake, nati, "Atate, ndachimwira Mulungu, ndipo sindilinso woyenera kutchedwa mwana wanu." (Luka 15: 11-24). Sananeneze wina aliyense koma iyemwini, koma anali ndi chikhulupiriro mu ubwino ndi chikondi cha abambo ake.

### Kulapa kwenikweni

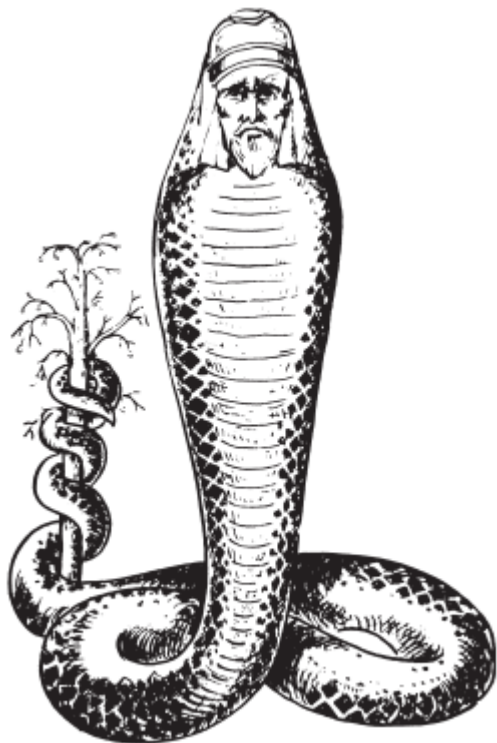
Kulapa kwenikweni kumadziwika ndi zipatso zake ndi ntchito zake. Zipatso ndi ntchito za chikhulupiriro zimawonekera pamene wochimwayo amasiya machimo ake ndikuwonetsa chisoni chenicheni panjira zake zauchimo. Wakuba amabweza zomwe adaziba kwa mwiniwake momwe zingathekere. Chidakwa chidzachotsa moŵa wake ndi burande. Iye amene amadalira mafano ndi ufiti adzawotcha mafano ake ndi zithumwa. Mwamuna kapena mkazi wosakhulupirika abwezeretsa ubale wabwino m'nyumba mwake ndikusiya machitidwe onse ochimwa. Zakeyu mkulu wa okhometsa misonkho anamulandira Yesu mnyumba mwake nati, "Mverani mbuyanga! Ndipereka theka la chuma changa kwa osauka, ndipo ngati ndanyengapo wina aliyense, ndidzam'bwezera kanayi." (Luka 19: 8).

Wolembayo akudziwa za mazana a ochimwa omwe, atalapa kwa Mulungu, adabwezera zonse zobedwa kapena zolakwika zomwe adapeza kwa eni ake. Ndalama, zovala, mipando, zida, nkhosa, mbalame, ng'ombe, mipeni zinaperekedwa, fodya, makhadi, zithumwa ndi mankhwala, madesi, mafupa a mfiti, zigawenga, ndi zina zambiri, zinawonongedwa. Ambiri

adafunsa omwe adawalakwira kuti awakhululukire ndipo adapeza mtendere. Potero, ambiri mwa eni katundu obedwa omwe adabwezedwa, adapezanso kulapa ndi chipulumutso.

Osazengereza, gwadani tsopano ndikutsanulira mtima wanu kuti mulape kwa Mulungu. Malinga ndi lonjezo Lake adzakukhulukirani machimo anu ndikupatsani mtendere ndi moyo wosatha.

## Chinyengo



Chinyengo ndichipembedzo chonyenga, chogwiritsitsa mawonekedwe achipembedzo chathu, koma ndikukana mphamvu yake yeniyeni. Wonyenga ndi munthu amene amadzinamiza kukhala zomwe sali, yemwe amadzinamizira. (2 Timoteo 3: 5; Mateyu 23: 13,14). Amadziyesa kuti ndi woyera koma amakhala mchimo lobisika. Amachita zinthu zabwino kuti aoneke kwa anthu ndikutamandidwa ndi anthu. Amavala chovala

chachipembedzo kuti aphimbe machimo ake ambiri. Yesu anayerekezera onyengawo ndi manda opaka laimu oyera amene kunjwa kwake ndi oyera komanso oyera koma mkati mwake ndi ovunda. Wonyenga amasamala za mawonekedwe akunja a kuyera kuposa za kuyera kwamkati. Wonyenga amangopemphera kwa Mulungu munthawi yamavuto, matenda ndi ngozi, kapena akafuna thandizo, koma Mulungu akamuthandiza pamavuto ake, sakonda Mulungu ndipo samacheza ndi Mulungu popemphera. Ali ngati Farao yemwe adavomereza tchimo lake komanso tchimo la mtundu wake pamene miliri idadza ku Aigupto ndikupempha Mose kuti apemphere, koma miliri itangotha, iye ndi anthu ake adaumitsa mitima yawo. (Eksodo 9: 27-34; 10: 16-20). Wonyengayo amaweruzwa ndi kudzudzula ena kwambiri pazolakwa zazing'ono, pomwe iyemwini ali ndi mlandu wa zolakwa zazikulu kwambiri. Akufulumira kuzindikira kapena kuwona kachitsotso kamene kali m'diso la m'bale wake, koma sakuwona thabwa mmaso mwake. (Mateyu 7: 5). Amakonda kwambiri miyambo yakunja kwa tchalitchi ndikusunga miyambo, koma sakonda kupembedza kwauzimu kwa Mulungu. (Mateyu 15: 2,7,8,9). Wonyengayo amakonda kupanga mapemphero ataliatali pagulu, koma samalumikizana ndi Mulungu mnyumbamo.

Tchimo lachinyengo ndilovuta kwambiri kuchiza chifukwa limadzibisa mochenjera muntchito zosiyanasiyana zachipembedzo. Zimapangitsanso akunja ndi achikunja kudana ndi chipembedzo chachikhristu. Mulungu amadana ndi chinyengo ndi mtima wake wonse. Mneneri Yesaya akuti, "Chiweruzo cha Mulungu chili ngati moto woyaka muyaya. Kodi alipo aliyense wa ife amene angapululumuke moto wotere? Ukhoza kukhala ndi moyo ngati unganene ndi kuchita zabwino. Usagwiritse ntchito mphamvu yako kunyenga anthu osauka, ndipo usalandire ziphuphu. Usayanjane ndi iwo akukonzekera kupha kapena kuchita



zoipa zina. " (Yesaya 33: 14,15). "Ndipo mtundu wa ntchito ya munthu aliyense udzawonekera pamene tsiku la Khristu lidzaulura. Pakuti pa Tsikulo moto udzaulula ntchito za aliyense, moto udzawayesa ndikuwonetsa mtundu wake weniweni." (1 Akorinto 3:13). Yesu anati, "Samalani ndi chotupitsa mkate cha Afarisi - ndikutanthauza chinyengo chawo. Chilichonse chobisika chidzaululika, ndipo chinsinsi chilichonse chidzadziwika." (Luka 12: 1b, 2). Chaputala chonse cha Mateyu 23 chidalembedwa kutichenjeza za tchimo lachinyengo. Yesu anakalipira ndi kuchenjeza Alembi ndi Afarisi chifukwa cha chinyengo chawo. Anawatcha iwo njoka ndi ana a njoka nati, "Tsoka kwa inu, aphunzitsi a Malamulo ndi Afarisi! Onyenga inu! Mumatsuka kunjja kwa chikho chanu ndi mbale, pomwe mkati mwadzaza ndi zomwe mwapeza ndi chiwawa ndi kudzikonda. Mfarisi wakhungu iwe! Yeretsa mkati mwa kapu choyamba, ndipo kunjja kwake kukhalenso koyera. " "Tsoka kwa inu aphunzitsi a Malamulo ndi Afarisi! Onyenga inu! Muli ngati manda opaka njereza, amene aonekera bwino kunjja, koma adzala ndi mafupa ndi mitembo yovunda mkatimo. Momwemonso kunjja mukuwoneka. ndi wabwino kwa aliyense, koma mkati mwanu mwadzaza chinyengo ndi machimo. " (Mateyu 23: 25-28)

M' masiku otsiriza, anthu adzasiya chowonadi ndipo adzatsata mizimu yabodza ndi ziphunzitso za ziwanda, zofalitsidwa ndi abodza onyenga, amene chikumbumtima chawo chidafa, ngati kuti chawotchedwa ndi chitsulo. "(1 Timoteo 4: 1-2) ) Sadzathawa chiwonongeko cha gehena.

## Kupulumutsidwa

Kodi tingapulumsidwe bwanji ku poizoni wakupha uyu wachinyengo? Chinthu choyamba ndikulola Mulungu, kudzera mu Mzimu Wake ndi Mawu Ake kuti atitsimikizire komwe mzimu wachinyengo ungatigwire. Kulapa koona ndi kuulula kwathunthu pamaso pa Mulungu, ndipo ngati kuli kofunikira pamaso pa munthu, ndiye chiyambi cha kulanditsidwa ku

tchimo lalikulu komanso lozama. Tiyenera kuzindikira mokwanira kuti diso lowona la Mulungu limatha kuona tchimo lililonse. Tikhoza kubisala kwa anthu ena, ndipo tikhoza kudziyenga tokha, koma sitinganamize Mulungu. Amadziwa malingaliro ndi zolinga za mtima ndipo khutu lake limamva zomwe zimayankhulidwa mseri. Tiyenera kukumbukira kuti malingaliro athu onse amadziwika kumwamba. Sitingathe kubisala pamaso pa Mulungu. "Chilichonse chobisika chidzaululika, ndipo chinsinsi chilichonse chidzadziwika." (Luka 12: 2) Chiyembekezo cha munthu wachinyengo chidzawonongeka, chifukwa munthu wachinyengo sadzaimirira pamaso pake. Kodi chiyembekezo chachinyengo ndichani, pamene Mulungu amchotsa moyo wake? Kodi Mulungu adzamva kulira kwake akakumana ndi mavuto? Nsembe za Mulungu ndi mzimu wodzichepetsa. "Nsembe yanga ndi mzimu wodzichepetsa, O Mulungu. Simudzakana mtima wodzichepetsa ndi wolapa." (Masalmo 51:17). Mutha kupeza kulanditsidwa kudzera pakulapa modzichepetsa ndikuulula kwa Mulungu ndikusiya moyo wachinyengo ndikukhala moyo wachikhristu weniweni pomwe zipatso za kulapa ndi za Mzimu zimawoneka.

## Osakhala mileme

Mleme umawoneka ngati mbalame komabe si mbalame. Ikuwoneka ngati mbewa koma si mbewa. Si mbalame kapena mbewa. Amakonda mdima kuposa kuwala. Ndi chithunzi cha ambiri omwe amati ndi akhristu omwe amapita kutchalitchi lamulungu, ndipo sabata yonse amakhala moyo wachimo. Tsiku lina amadzinamiza kuti ndi akhristu, mawa amakhala ngati ochimwa adziko lapansi, komanso osakhulupirira. Amawoneka ngati akhristu, koma m'mitima mwawo amagwiritsabe mafano achikunja akale, amagwirizana ndi mdierekezi, yemwe ndi mulungu wa dziko lino, ndipo amachita mitundu yonse ya machimo. Amayesetsa kutumikira Mulungu ndi Satana. Ali

ngati mileme, palibe chinthu chimodzi kapena chimzake, ndipo amakonda mdima kuposa kuwala. Osakhala mileme. Khalani Mkristu. "Ndikulakalaka mutakhala m'modzi kapena winayo." Mulungu anati, "Koma chifukwa uli wofunda - wosati wotentha kapena wozizira - Ine ndikulavula iwe mkamwa mwanga." (Chivumbulutso 3: 15,16).



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Ngati mwapeza chipulumutso mwa Khristu, kapena mwadalitsidwa mwanjira ina kudzera mu mabuku athu a Uthenga Wabwino, chonde tiuzeni. Tikufuna kuthokoza Mulungu limodzi nanu, ndipo tikukumbukiraninso m'mapemphero athu. Kuti mumve zaulere za Uthenga Wabwino, mabuku ndi mathirakiti m'zinenero zoposa 540, lembalani:

# MTIMA WA MUNTHU



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